

# Liquid Biopsies and Their Application in Clinical Trials

David Cescon MD PhD FRCPC  
Medical Oncologist and Clinician Scientist  
Princess Margaret Cancer Centre  
University of Toronto



New Investigator Course  
August, 2019



UNIVERSITY OF  
TORONTO



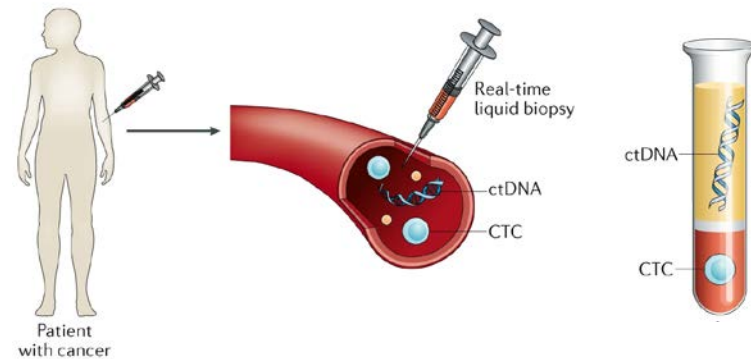
# Disclosures

- Research Funding (Institution): Merck, Pfizer, GSK
- Consulting/Advisory: Merck, Pfizer, Novartis, Puma, GSK, AstraZeneca, Agendia, Roche, Dynamo Therapeutics

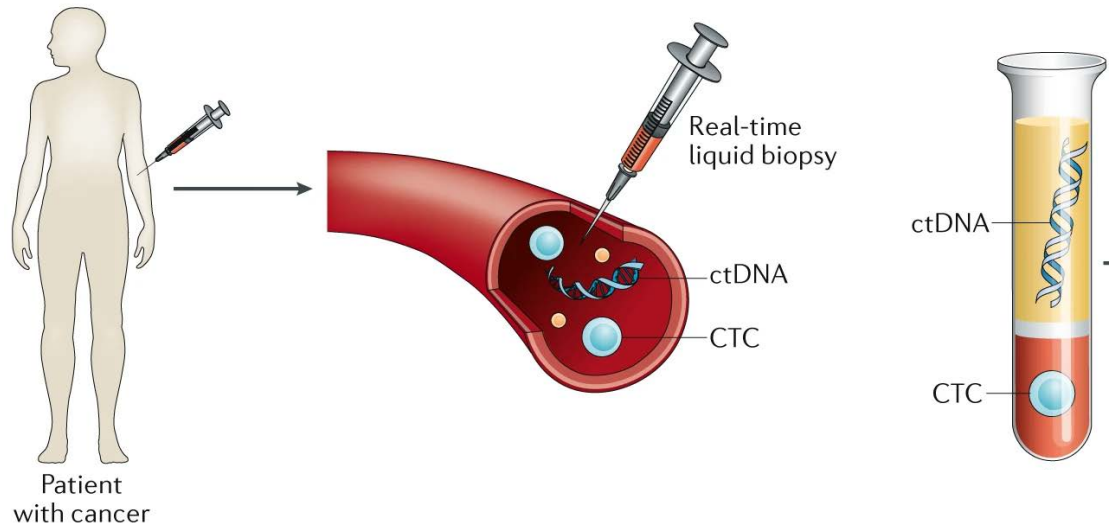
# Educational Objectives

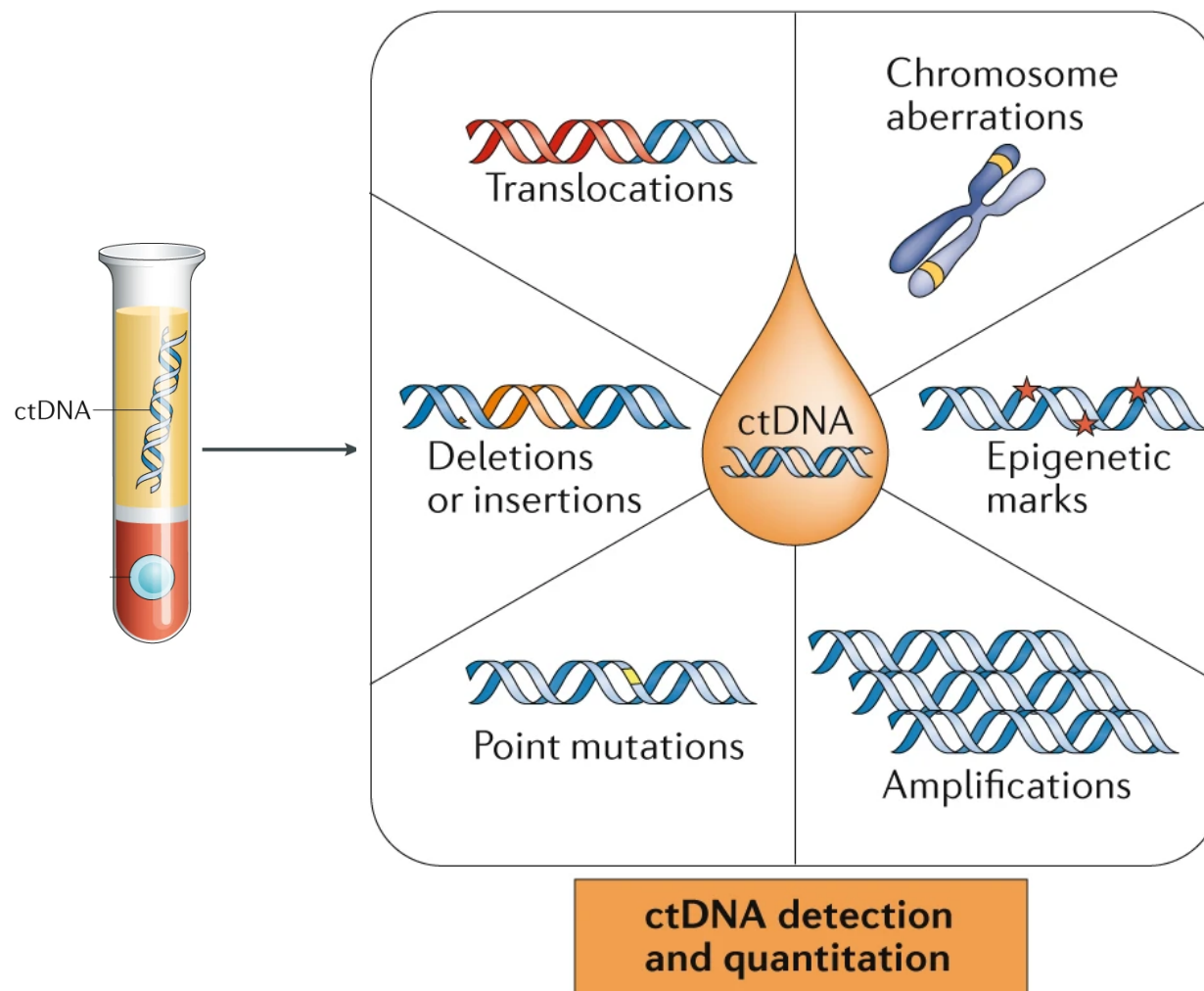
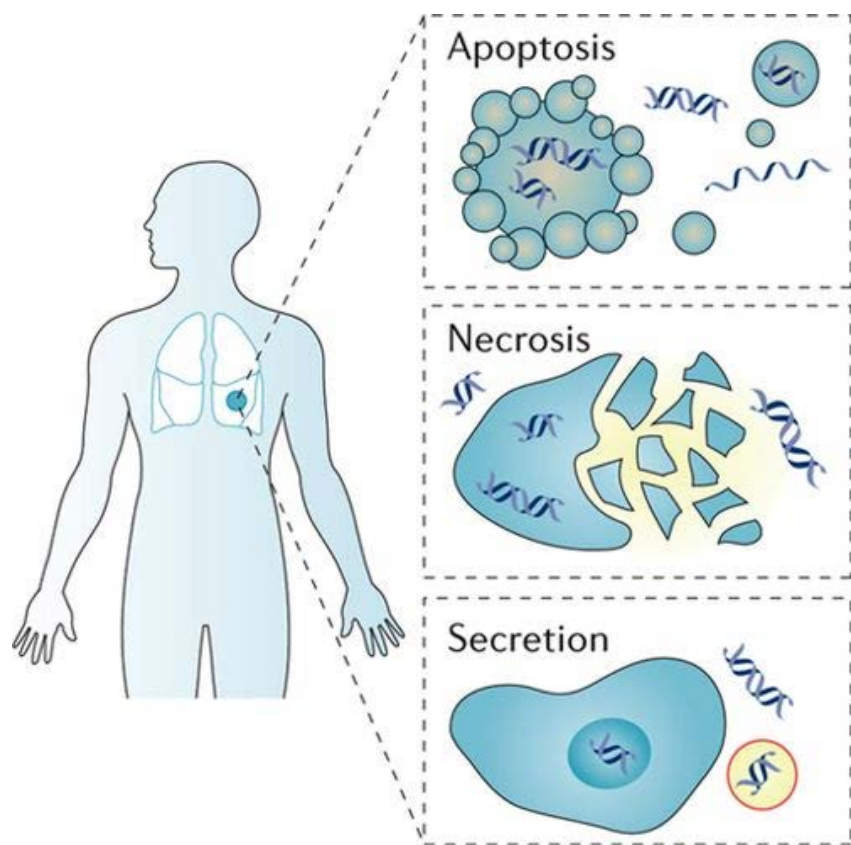
- Appreciate the principles of liquid biopsy analysis
- Identify potential applications of liquid biopsies in clinical trials
- Understand advantages and disadvantages of liquid biopsy compared to tissue-based assays

# Liquid Biopsy – Assays and Analytes

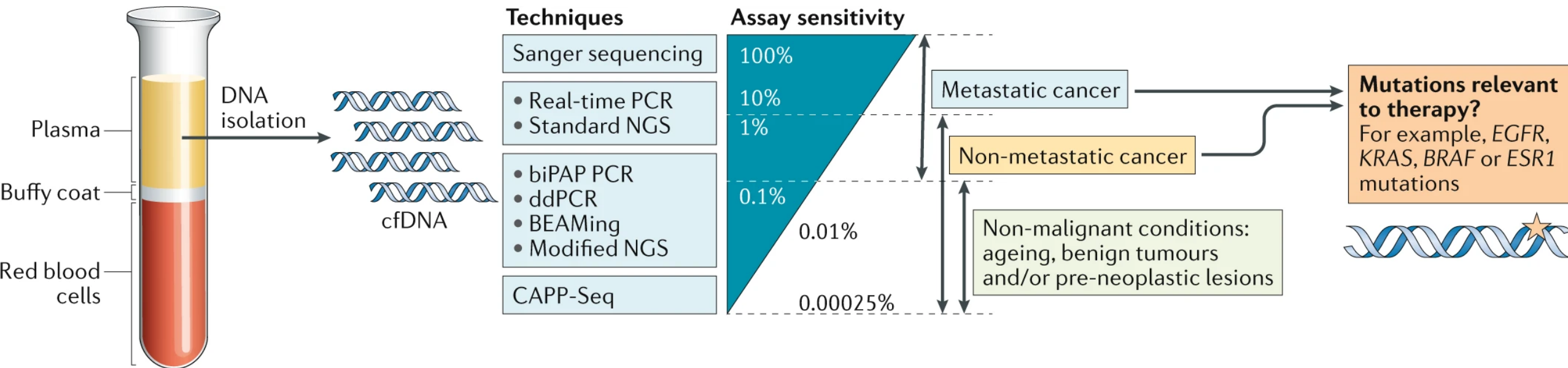




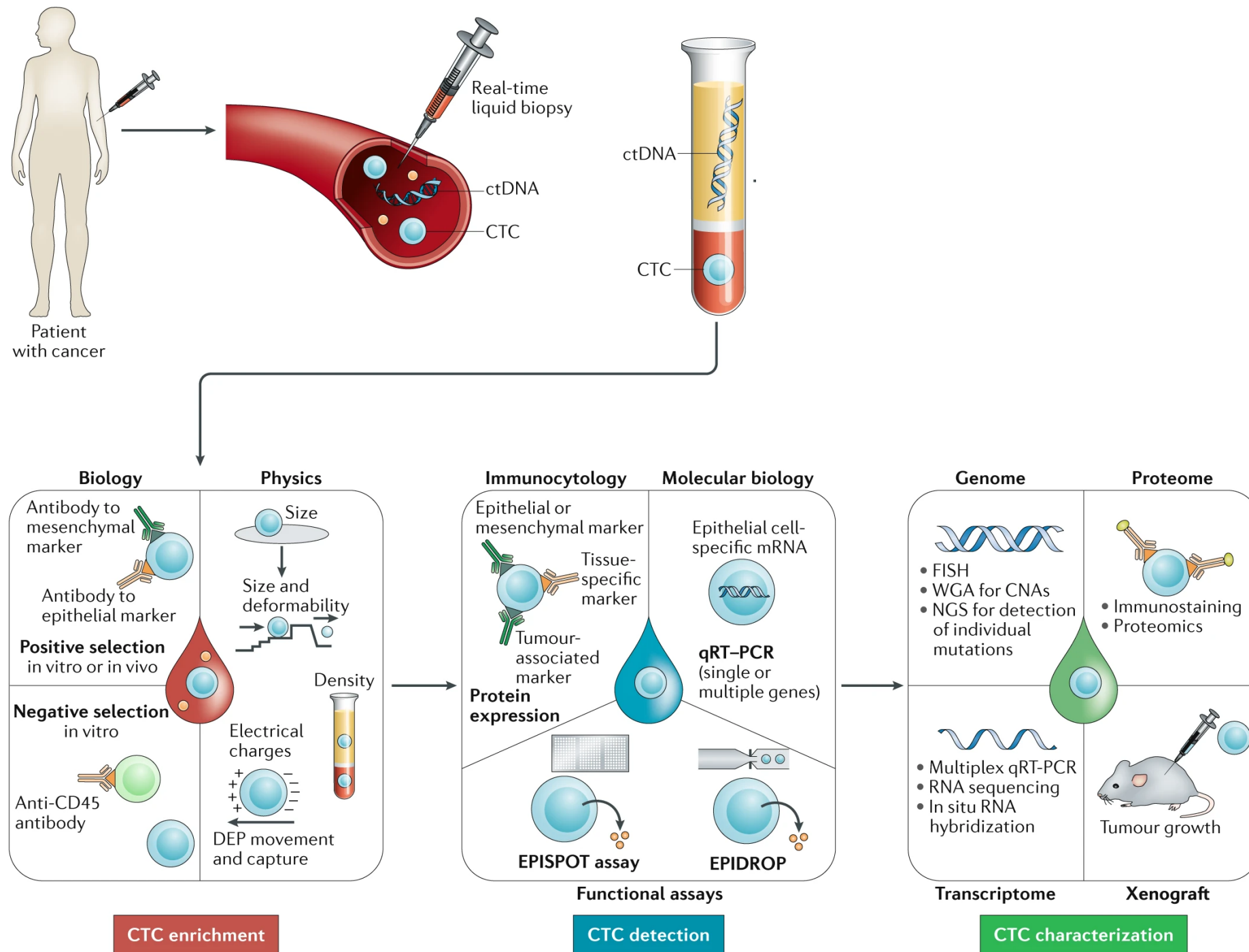




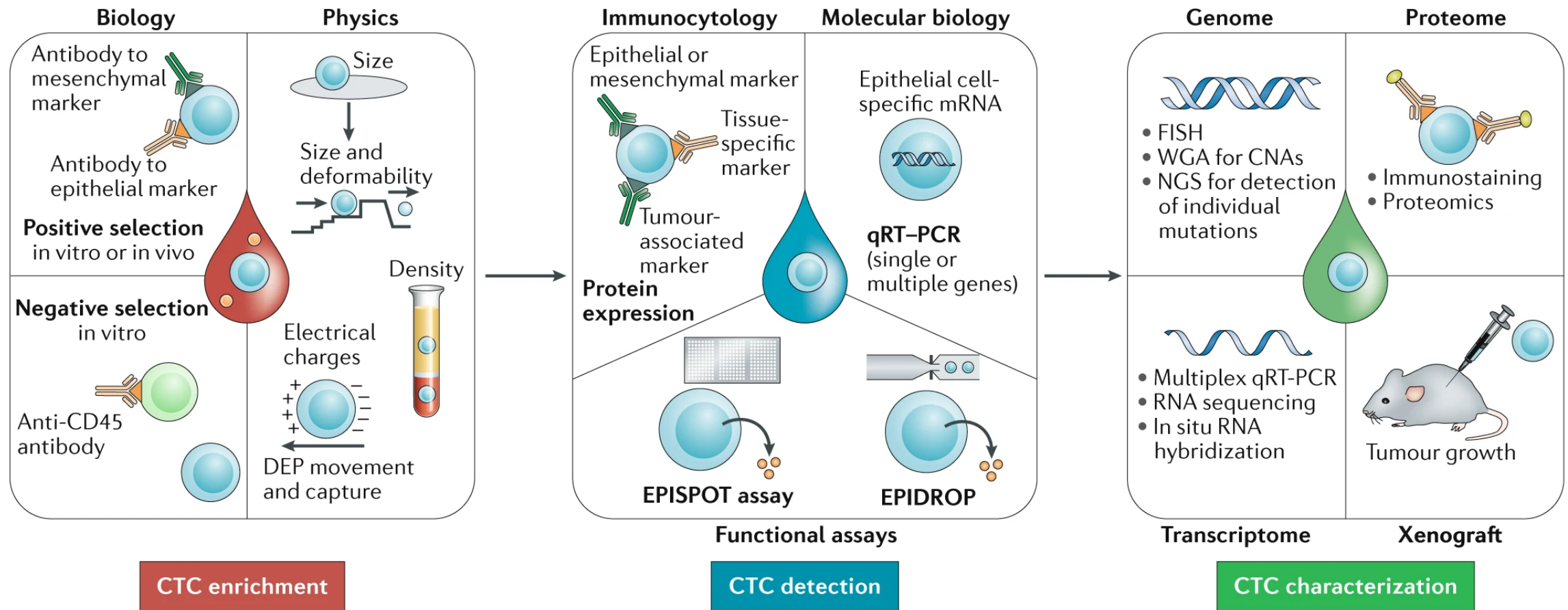
# Technology Development Has Unlocked ctDNA Analysis



# CTCs

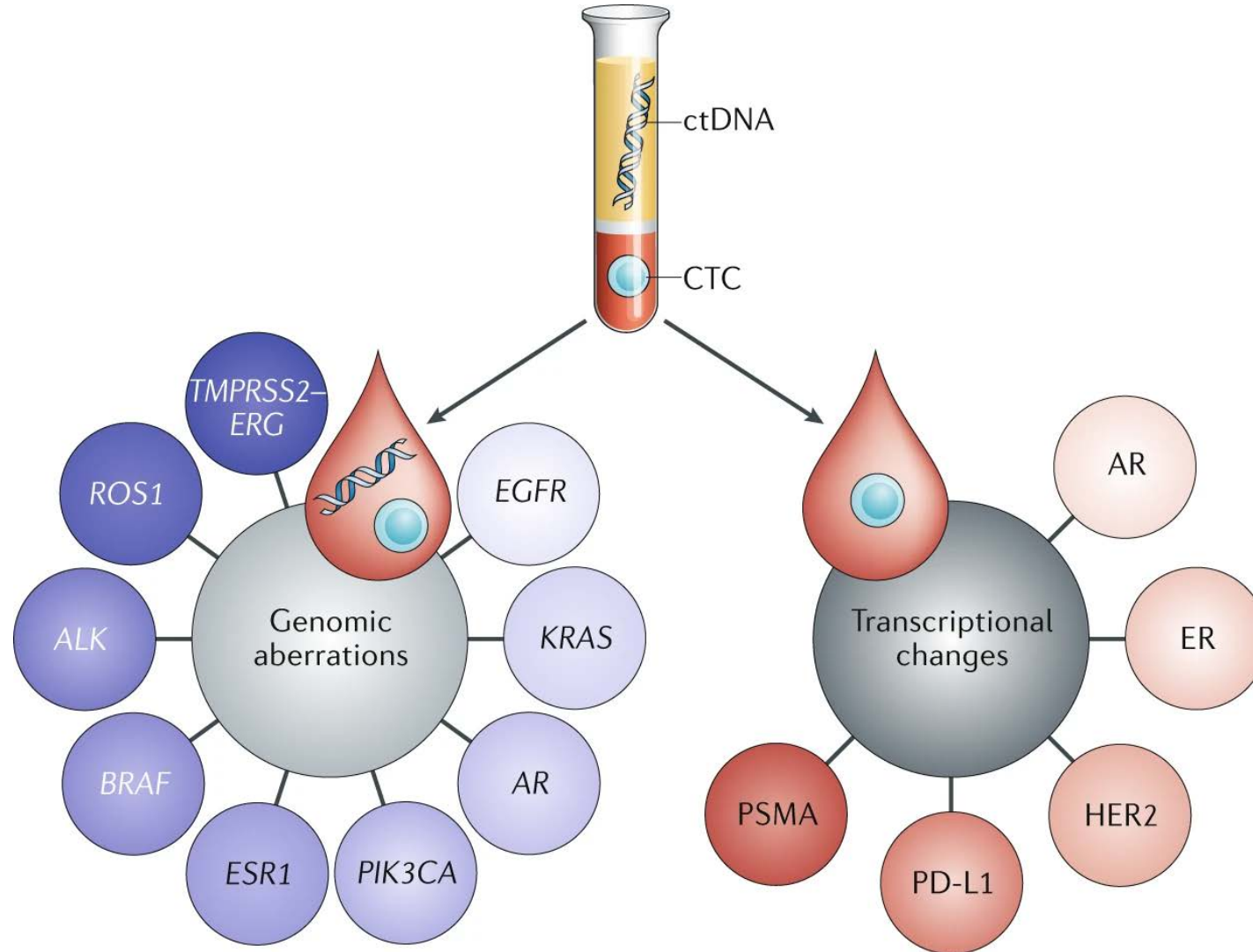


# Methods for Enrichment, Detection and Characterization of CTCs

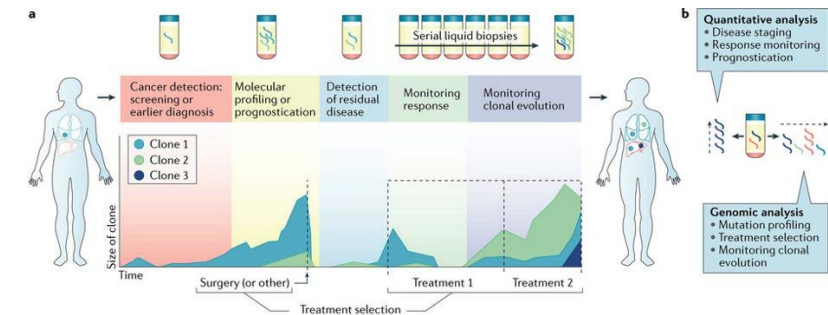




# Detectable Molecular Changes in ctDNA vs CTCs



# Liquid Biopsy Applications

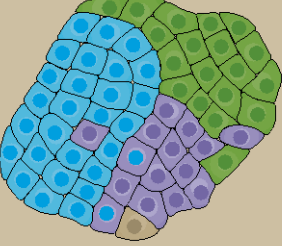
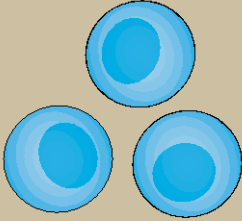
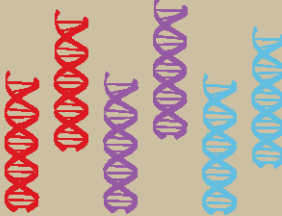


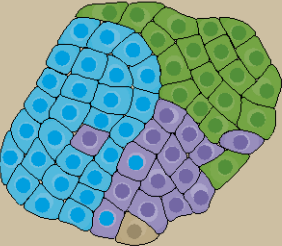
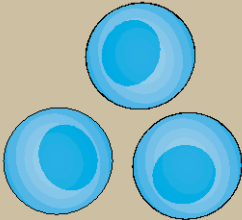
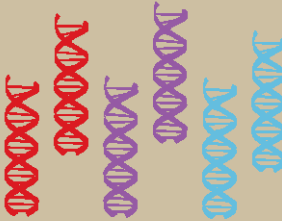
# As Biomarkers, Liquid Biopsies Can Be:

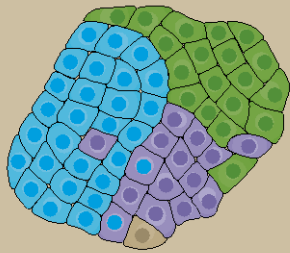
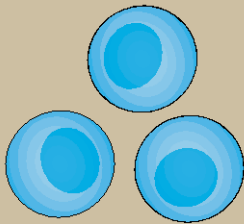
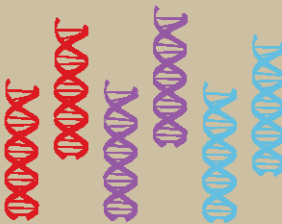
- Diagnostic
  - Prognostic
  - Predictive
  - Surrogate
- 
- Essential considerations for biomarkers apply to liquid biopsy:
    - Analytic Validity, Clinical Validity, Clinical Utility



# Solid vs Liquid Biopsies

Analyte	Solid biopsy	Liquid biopsy	
	Tissue	CTCs	ctDNA
			
<i>Origin</i>			
Viable cells	Yes	Yes	No
Apoptotic cells	Yes	Yes	Yes
<i>Components</i>			
DNA	Yes	Yes	Yes
RNA	Yes	Yes	No
Proteins	Yes	Yes	No
Metabolites	Yes	Yes	No

Analyte	Solid biopsy	Liquid biopsy	
	Tissue	CTCs	ctDNA
			
<i>Extractable information</i>			
Mutations	Yes	Yes	Yes
Copy number alterations	Yes	Yes	Yes
Epigenetic alterations	Yes	Yes	Yes
Fusion genes	Yes	Yes	Yes
Splice variants	Yes	Yes	No
Information at single-cell level	Yes	Yes	No
Functional assays	Yes	Yes	No

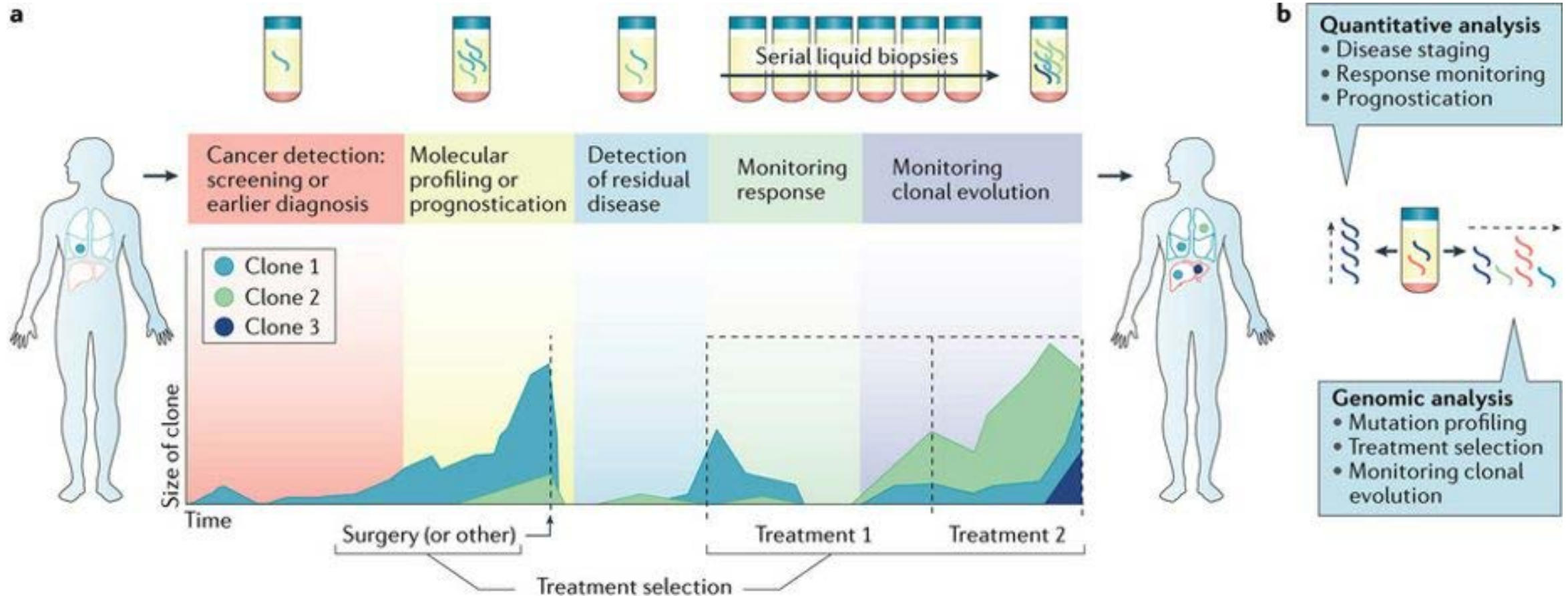
Analyte	Solid biopsy	Liquid biopsy	
	Tissue 	CTCs 	ctDNA 
<i>Applications in precision oncology</i>			
Prognostication	Yes	Yes	Yes
Identification of predictive marker	Yes	Yes	Yes
Classification of molecular subtypes	Yes	Possibly	Possibly
Tracking of clonal evolution over time	No	Yes	Yes
Early identification of resistance mechanisms	No	Yes	Yes
Monitoring treatment response	No	Possibly	Yes
Early detection of recurrence and MRD	No	Possibly	Yes
Early detection of cancer	No	Unknown	Possibly
FDA-approved assays	Yes <sup>a</sup>	Yes <sup>b</sup>	Yes <sup>c</sup>

# “Conventional” vs Liquid Biopsy

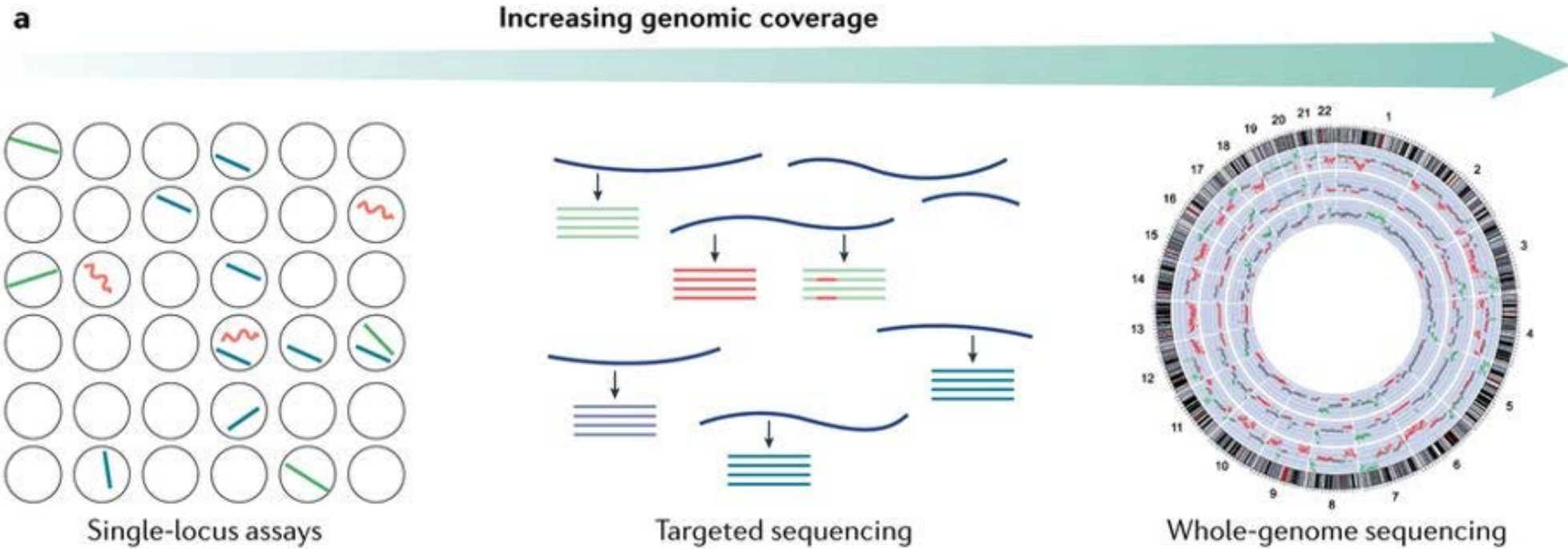
**Table 3.** Comparison of ctDNA Versus Tumor Tissue Testing

Consideration	ctDNA Assay		Tissue Assay
Logistics	Easy to draw *	-Potential for rapid turnaround	Invasive, more challenging to obtain
	Variable venipuncture risks	-Inexpensive to collect/bank	Variable biopsy risks
	Easy serial testing *	-Does not require a “tumor”	Serial testing more difficult
Biology	Cannot directly correlate ctDNA results with histology or cellular phenotype		Can correlate with histology and cellular phenotype
	More likely to represent whole tumor, but differential tumor cell turnover may bias representation		Represents one small tumor region
Pre-analytical	Easier to standardize across sites		More difficult to standardize across sites
	Requires special processing and handling unless using cell-stabilization tubes		Uses existing, validated tissue processing and handling approaches
	Limited data on confounding patient-related factors		
Clinical utility	Limited evidence for treatment selection in advanced cancer		Substantial evidence for treatment selection in multiple malignancies for early and advanced cancers
	No evidence for other potential indications		

# Liquid Biopsy: Opportunity for Serial Molecular Diagnostics

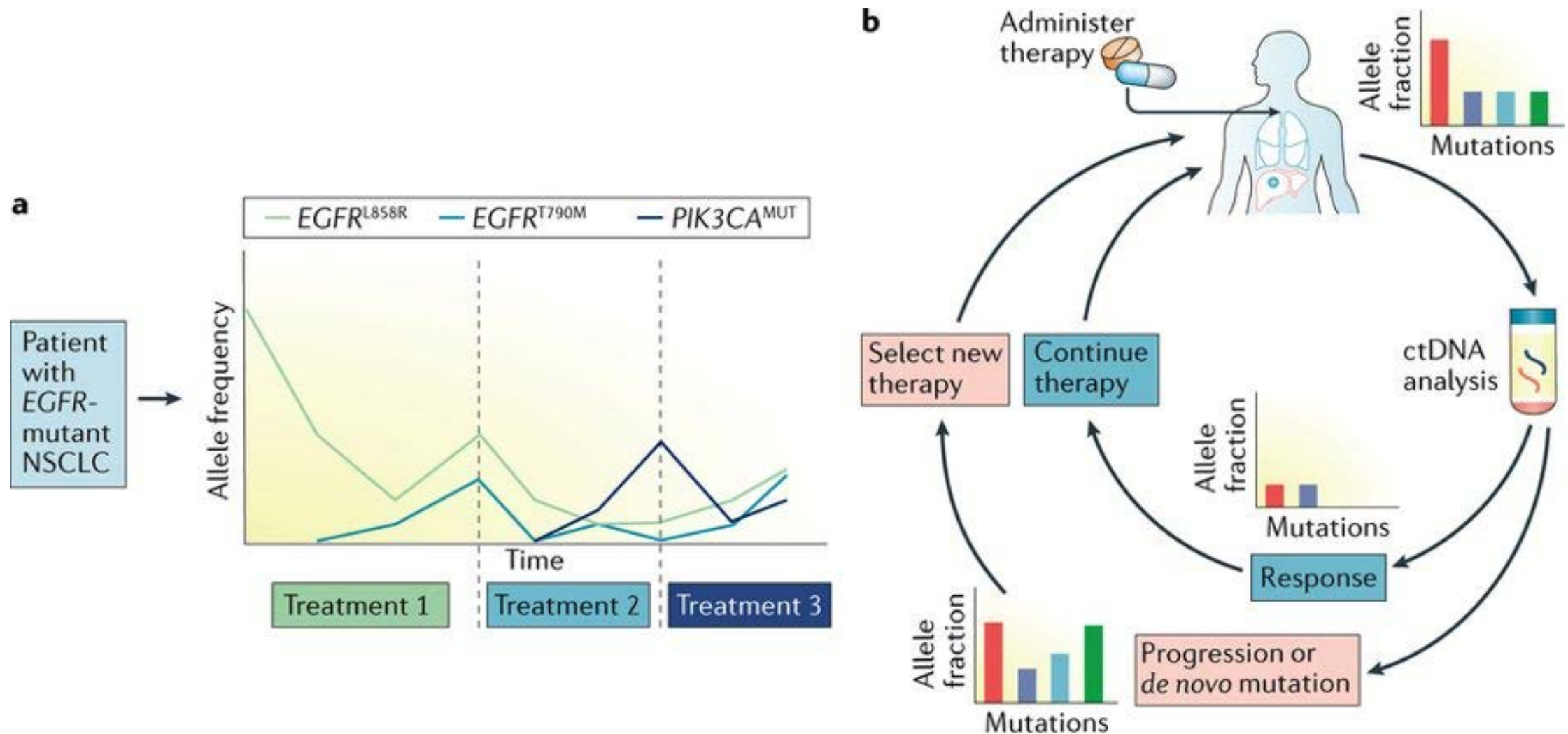


# Genetic Assays for ctDNA





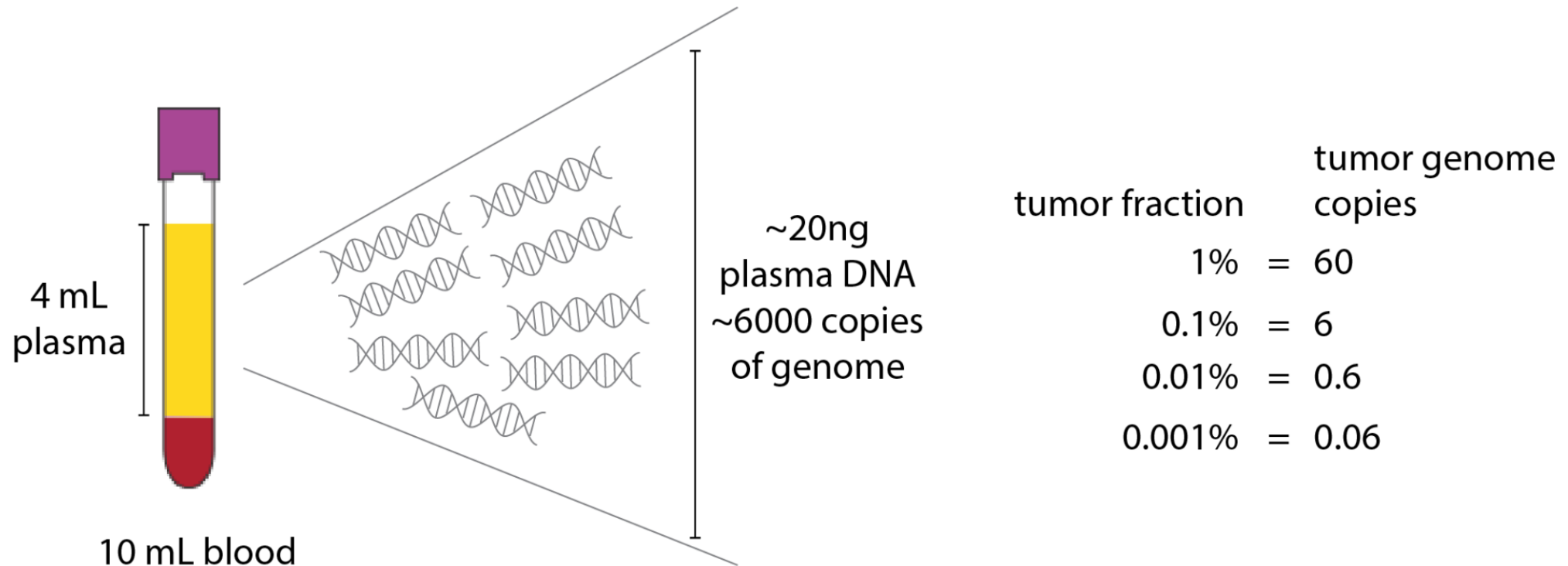
# A Potential ctDNA-Guided Precision-Medicine Paradigm



# Pre-requisites for ctDNA-guided Precision Medicine



# Physical Limits on ctDNA Detection Sensitivity

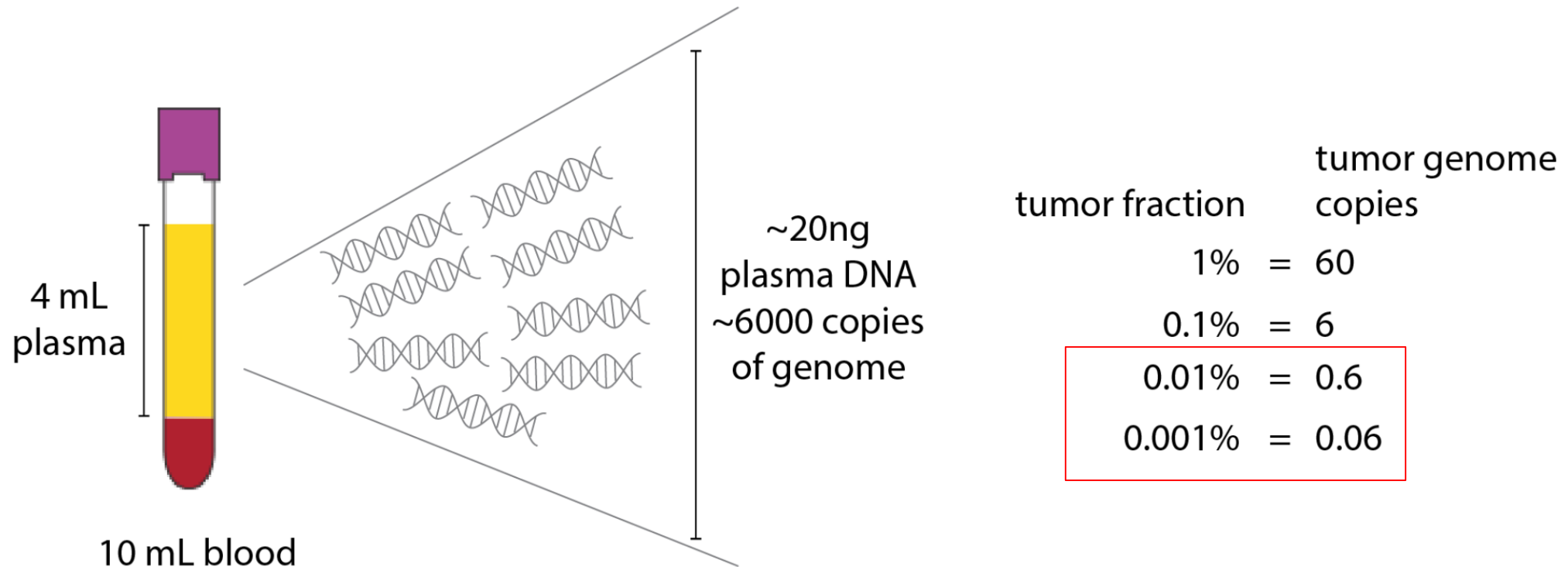


Median Tumor Fraction in ctDNA at Presentation

Metastatic Breast Cancer: 2.4%-12.5%

Localized Breast Cancer: 0.11%

# Physical Limits on ctDNA Detection Sensitivity

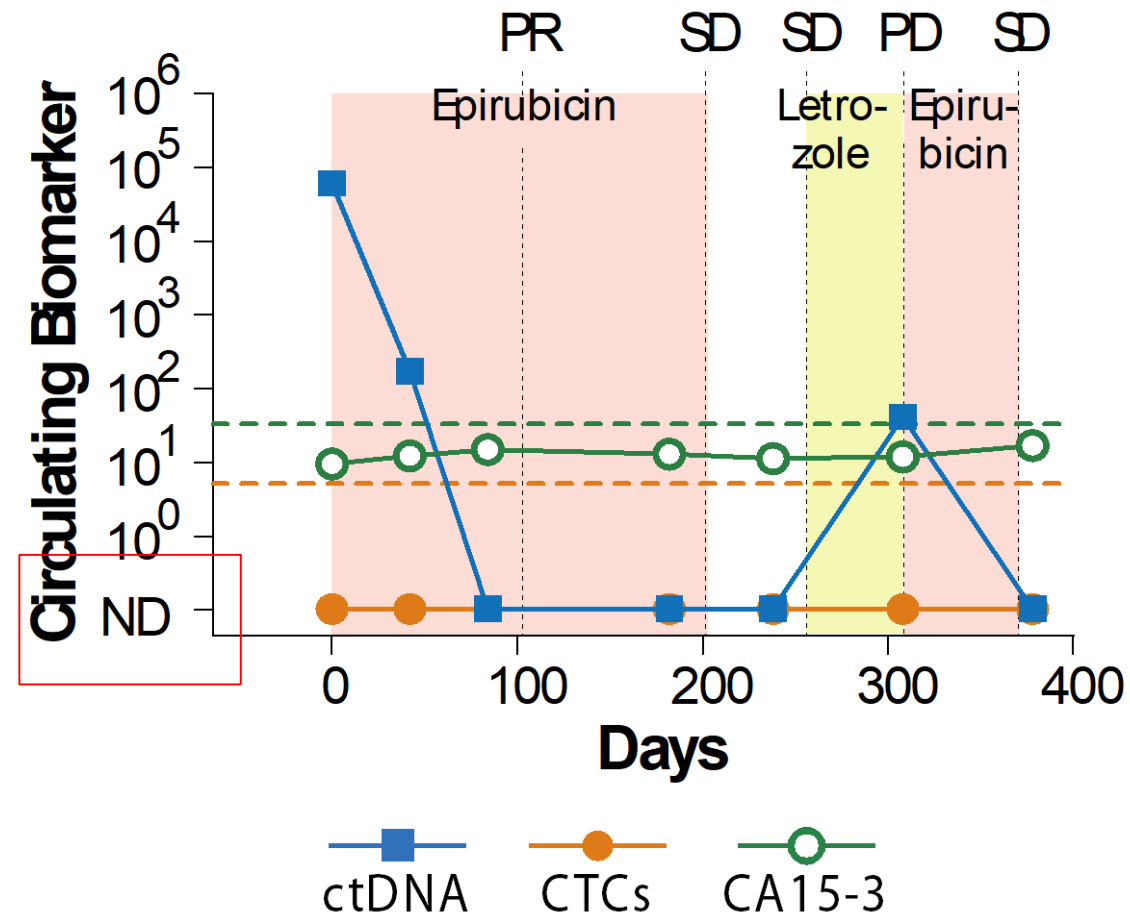


## Median Tumor Fraction in ctDNA at Presentation

Metastatic Breast Cancer: 2.4%-12.5%

Localized Breast Cancer: 0.11%

# Importance of Detection Limit



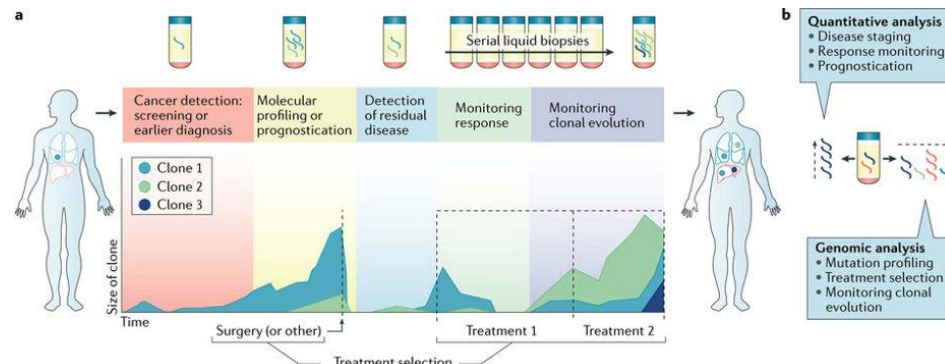
# Key Questions That Can be Addressed with ctDNA

## Localized/locally advanced disease

- Predict relapse/patient selection (*prognostic +/- predictive*)
- Eliminate molecular residual disease (*surrogate*)
- Guide adjuvant treatment duration or selection

## Recurrent or metastatic disease

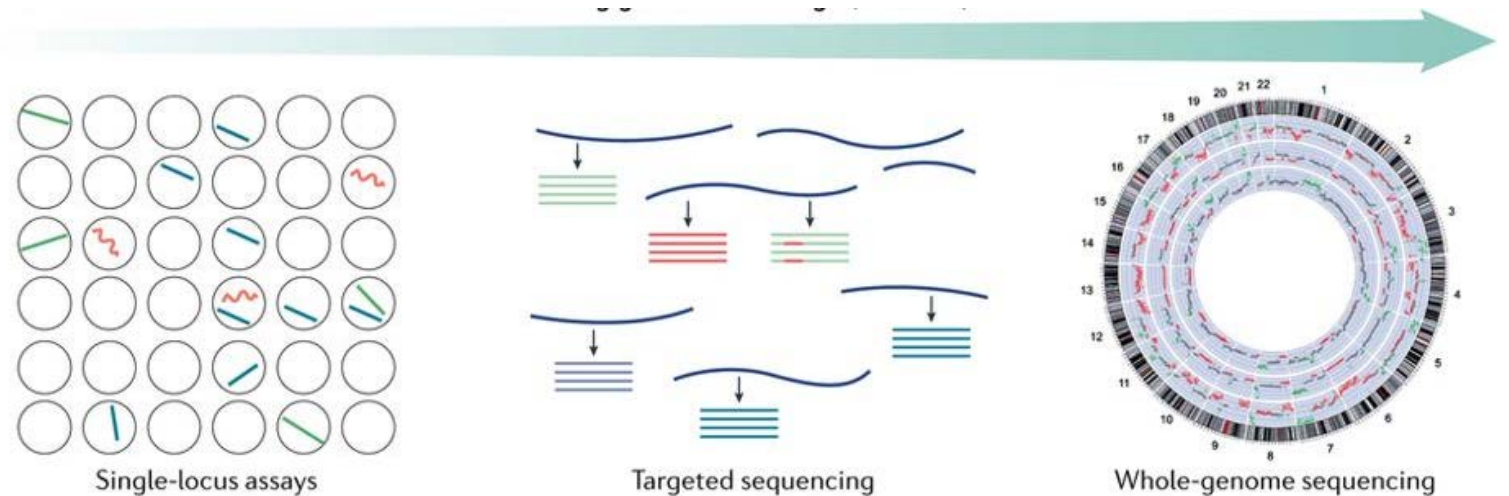
- Patient Selection/Predictive Biomarker
- Prognostic Biomarker
- Early Surrogate/Dynamic Response Marker
- Treatment Duration for I/O, NED
- Identify Drug Resistance
- Inform Drug Mechanism of Action
- Guide Change of Therapy



# How Can Liquid Biopsies Be Used in Clinical Trials?

- Patient Selection
- Correlative Studies
  - Integral
  - Integrated
  - Retrospective

# ctDNA to Identify Actionable Alterations



# Tumor Genotyping with ctDNA – Tissue Concordance

**Table 2 Concordance between tumor-tissue analysis and cfDNA analysis ( $n = 95$ )**

		Tumor-tissue analysis				
		<i>KRAS</i>	Mutant	WT	Sensitivity	Specificity
cfDNA analysis	Mutant		36	1	92%	98%
	WT		3	55		
	Total		39	56		
		<i>BRAF</i>	Mutant	WT	Sensitivity	Specificity
cfDNA analysis	Mutant		5	0	100%	100%
	WT		0	90		
	Total		5	90		
		All mutations	Mutant	WT	Sensitivity	Specificity
cfDNA analysis	Mutant		41	1	93%	98%
	WT		3	50		
	Total		44	51		

*KRAS* indicates codon 12 and 13 mutations; *BRAF* indicates V600E mutation.

# ctDNA for Actionable Alterations in NSCLC

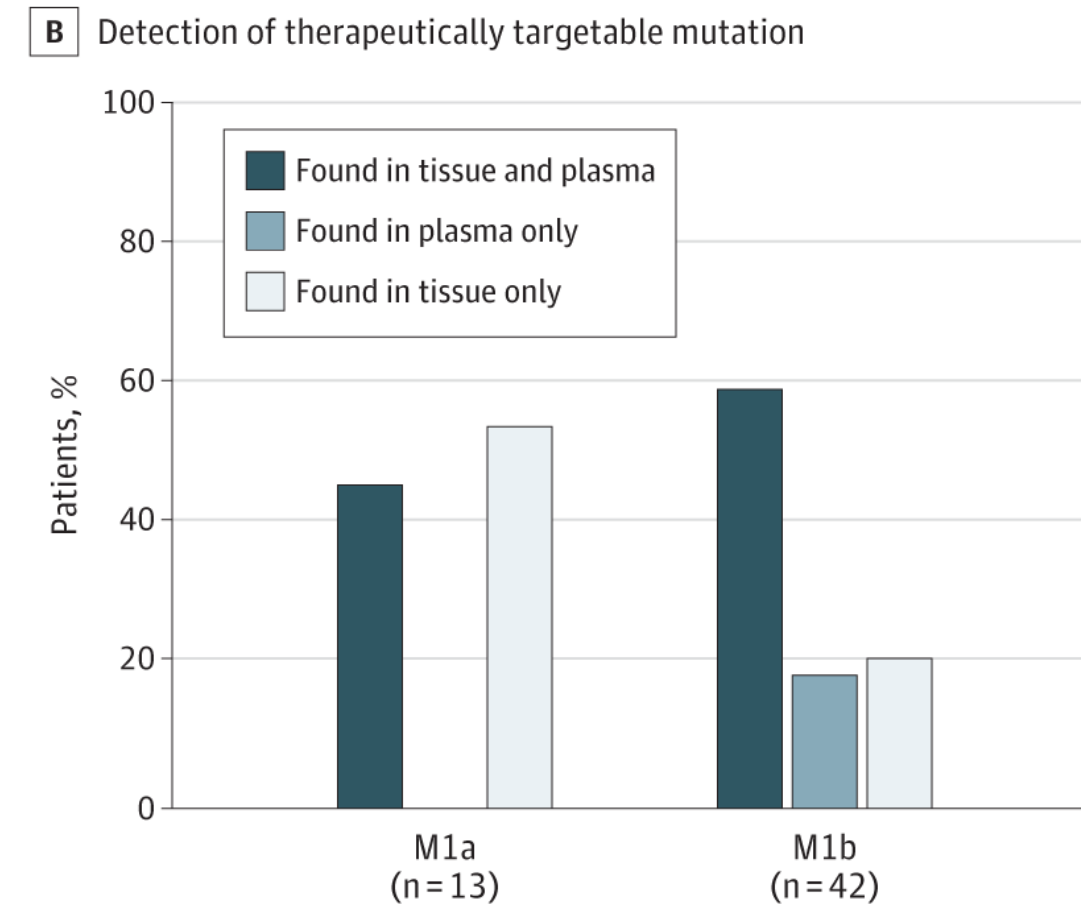
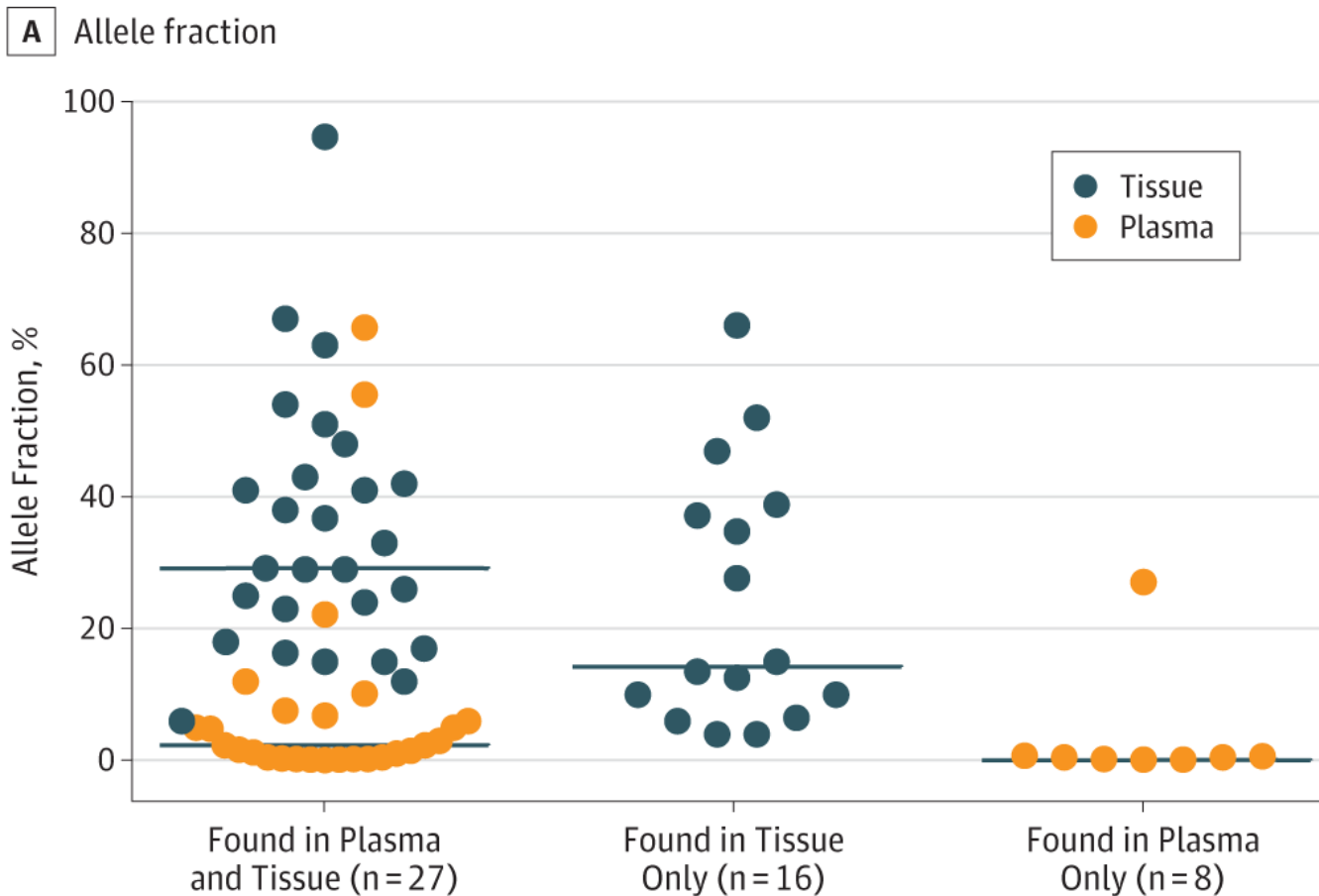
**Table 1. Number of patients with driver or resistance mutations detected in tumor and plasma, as well as sensitivity and specificity. Sensitivity estimates are based on Group 1, in which tumor variants were detected in the plasma. Specificity estimates are based on Group 2, in which tumor samples tested negative for driver mutations by NGS**

		<b>Group 1 (n = 91) Driver positive on tissue genotyping</b>		<b>Group 2 (n = 19) Driver negative on tissue NGS</b>	<b>Group 3 (n=17) Driver unknown insufficient tissue</b>
		<b>Detected in tumor</b>	<b>Tumor variant detected in plasma, N (sensitivity)</b>	<b>Detected in plasma, N (specificity)</b>	<b>Detected in plasma</b>
Driver	Total Subjects	91	68 (75%)	0 (100%)	4
	EGFR	37	29 (78%)	0	0
	KRAS	29	23 (79%)	0	4
	ALK	8	5 (62%)	0	0
	MET	6	3 (50%)	0	0
	ERBB2	4	4 (100%)	0	0
	BRAF	3	3 (100%)	0	0
	ROS1	3	1 (33%)	0	0
	RET	1	0 (0%)	0	0
Resistance	EGFR	13	11 (85%)	NA	NA
	MET	2	0 (0%)	NA	NA

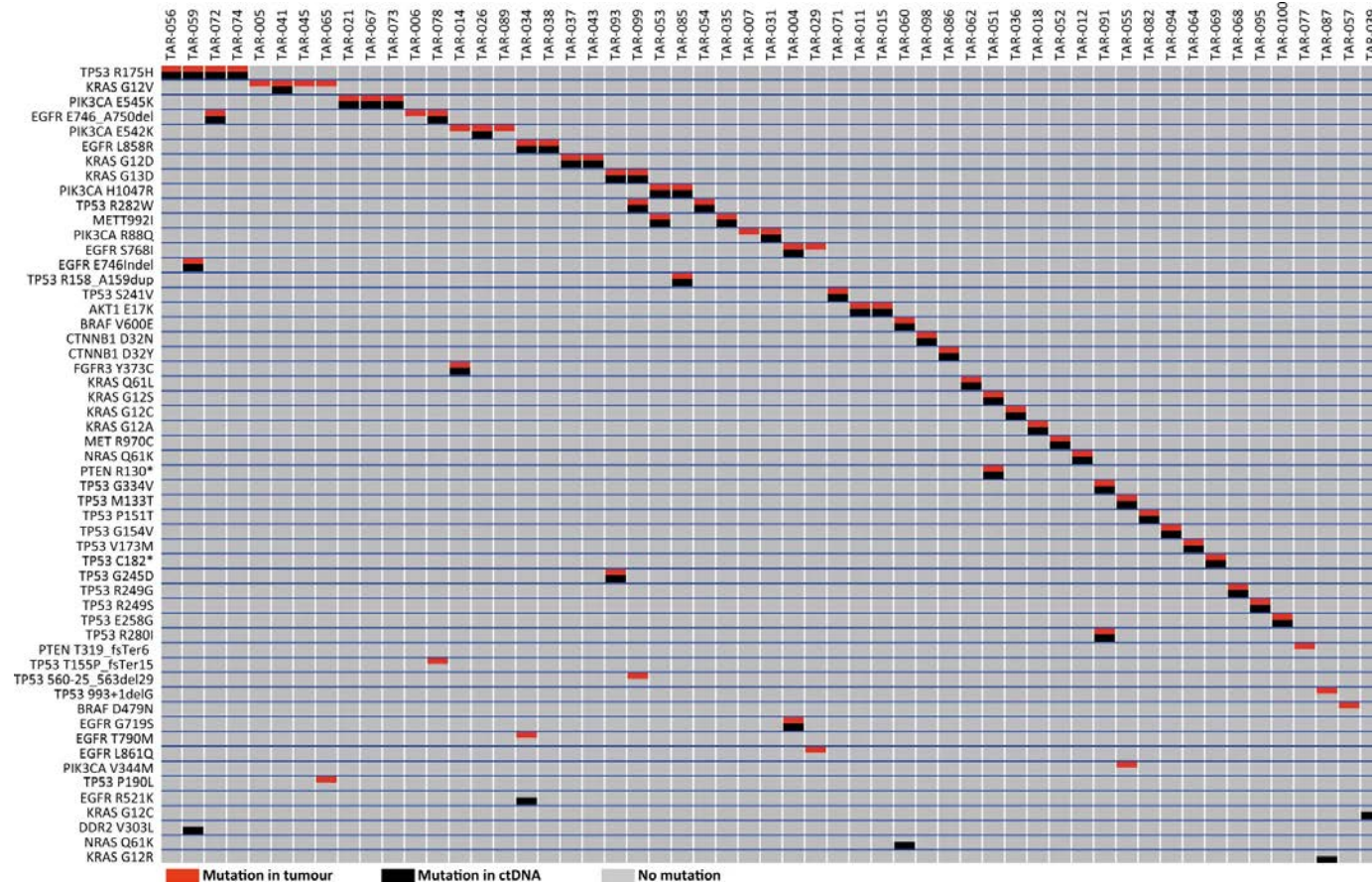
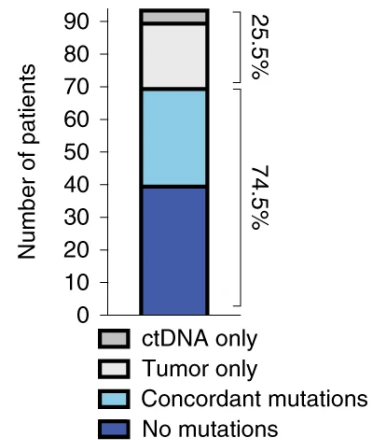
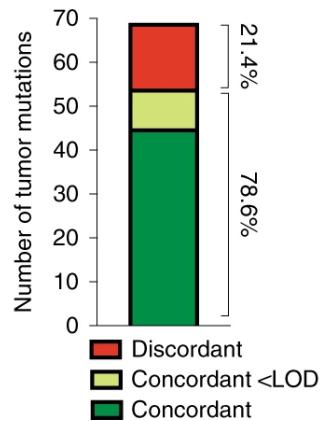
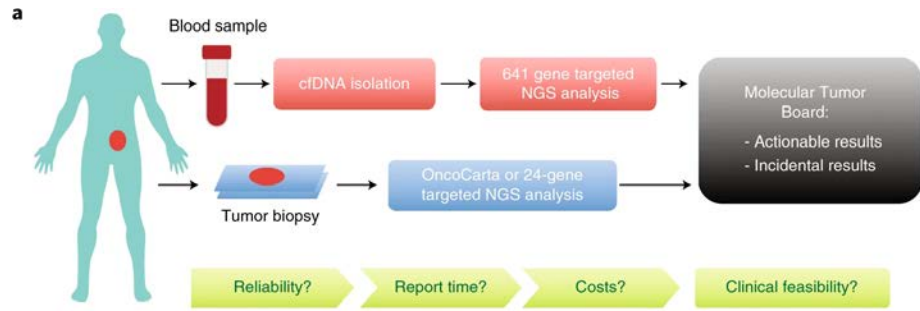
NGS, next-generation sequencing.



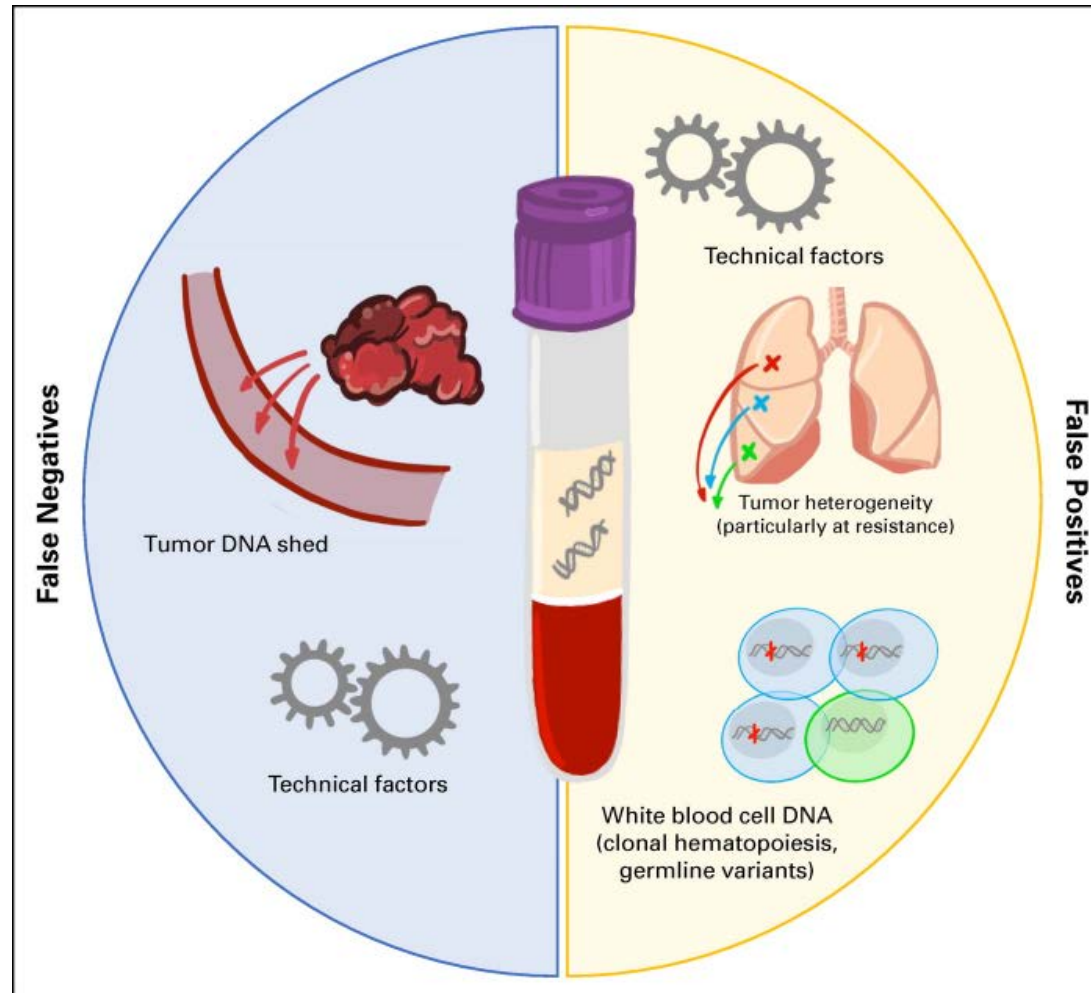
# Sensitivity of ctDNA Mutation Detection Depends on Clinical Features (NSCLC)



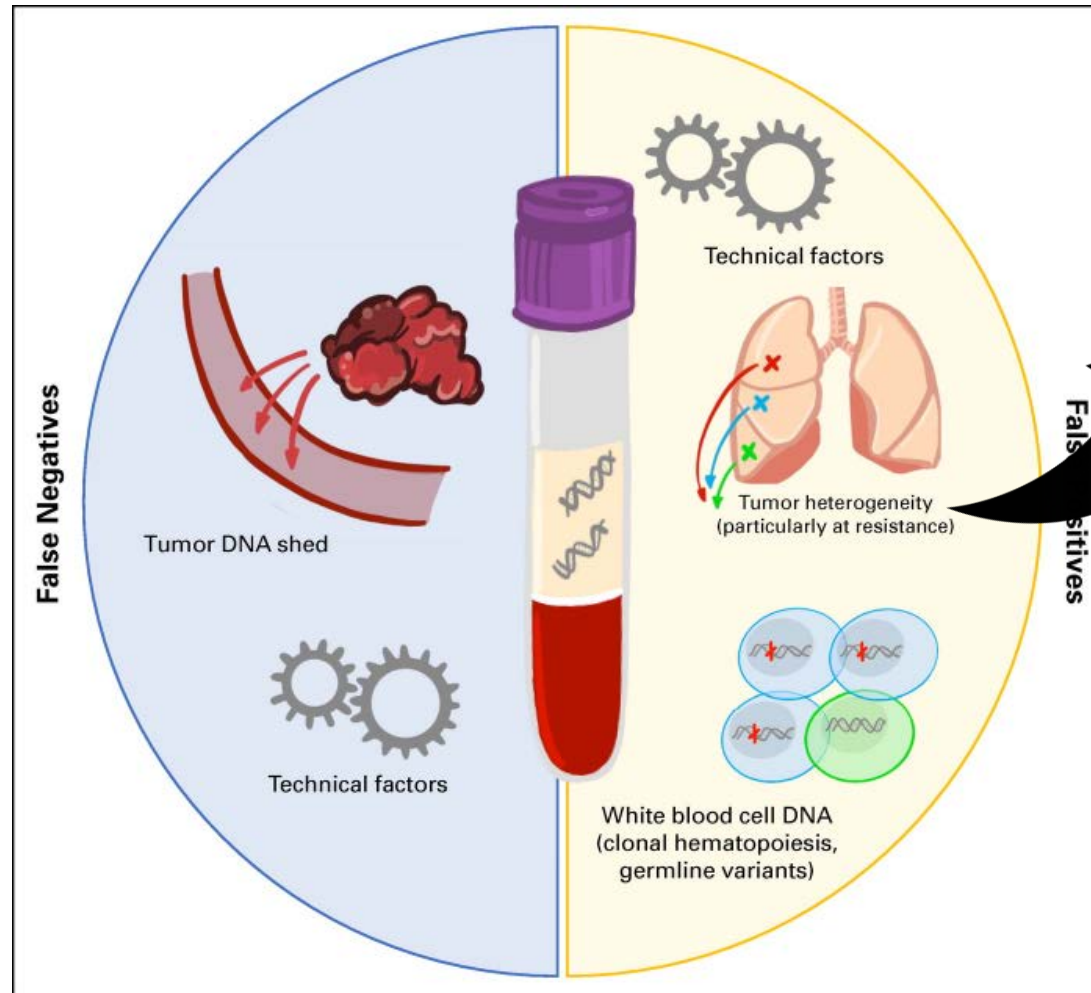
# Identifying Actionable Alterations: TARGET



# Disease and Technical Factors Contribute to Differences in Blood and Tissue Findings



# Disease and Technical Factors Contribute to Differences in Blood and Tissue Findings



Acquired Drug Resistance  
(Intervening Therapy)

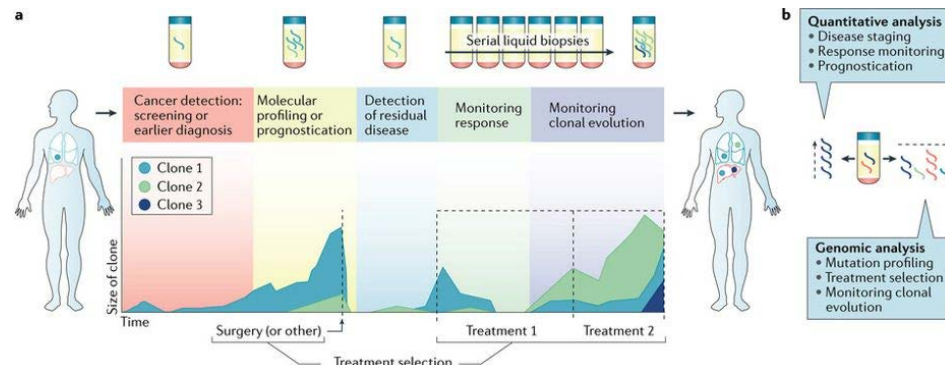
# Key Questions That Can be Addressed with ctDNA

## Localized/locally advanced disease

- Predict relapse/patient selection (*prognostic +/- predictive*)
- Eliminate molecular residual disease (*surrogate*)
- Guide adjuvant treatment duration or selection

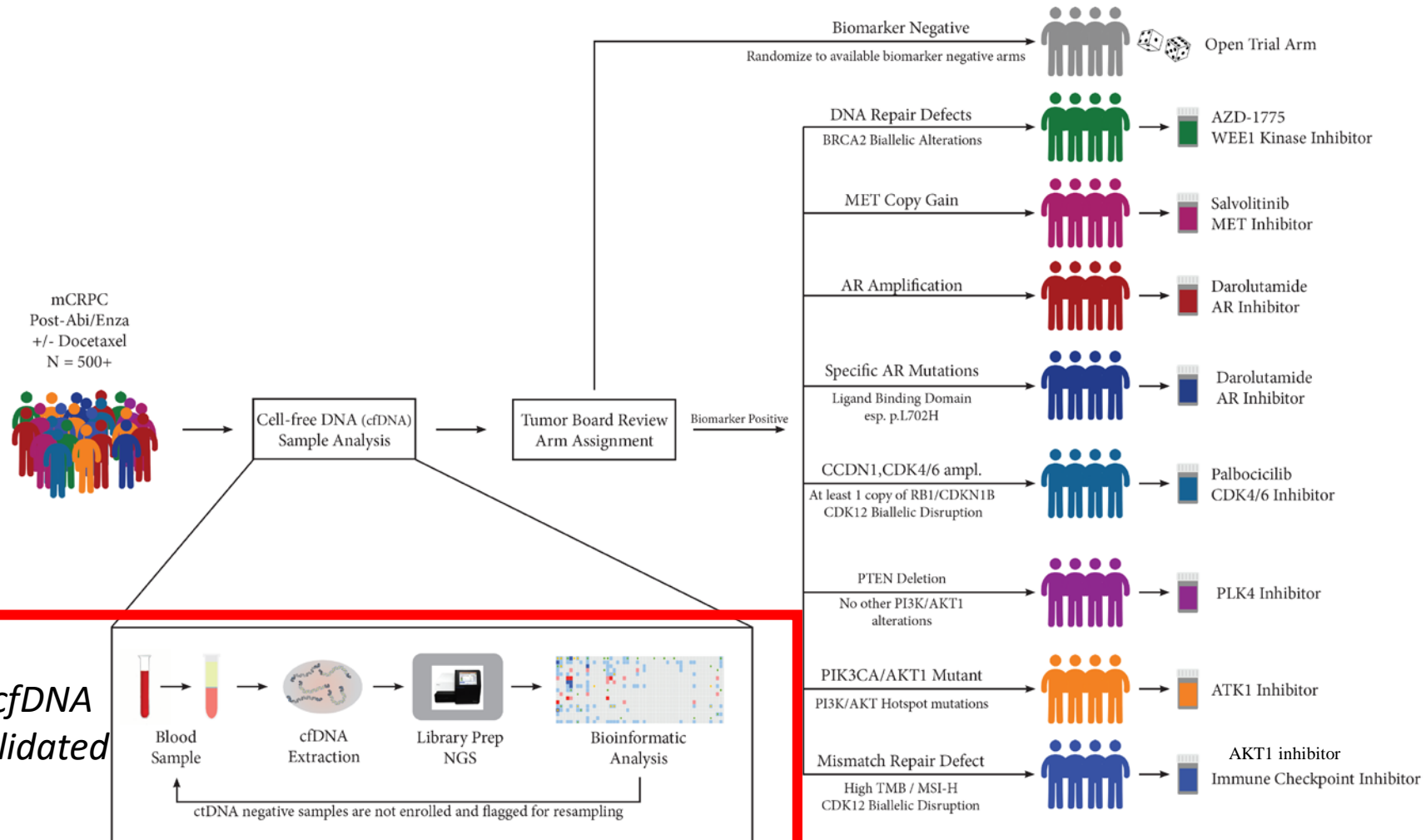
## Recurrent or metastatic disease

- *Patient Selection/Predictive Biomarker*
- Prognostic Biomarker
- Early Surrogate/Dynamic Response Marker
- Treatment Duration for I/O, NED
- Identify Drug Resistance
- Inform Drug Mechanism of Action
- Guide Change of Therapy



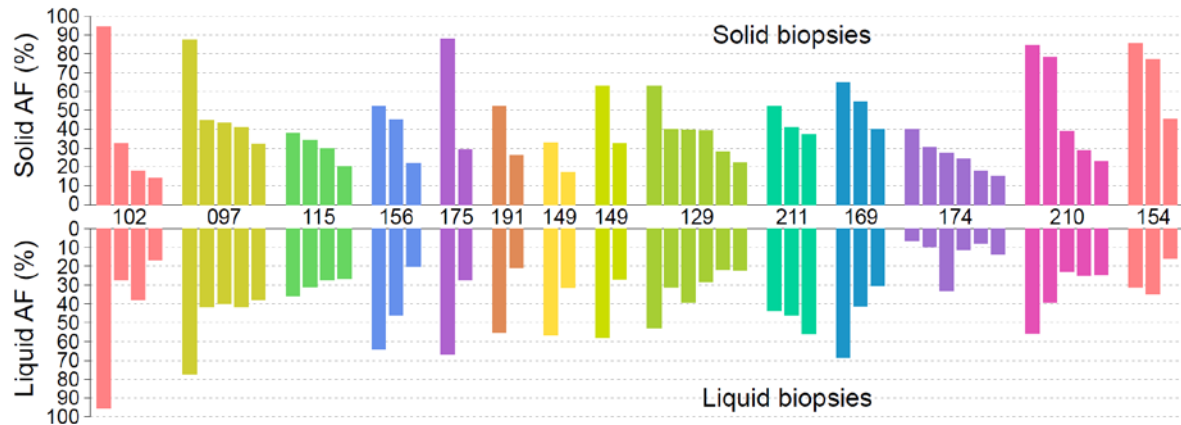


# IND.234 – Metastatic Prostate Cancer ctDNA Umbrella Trial



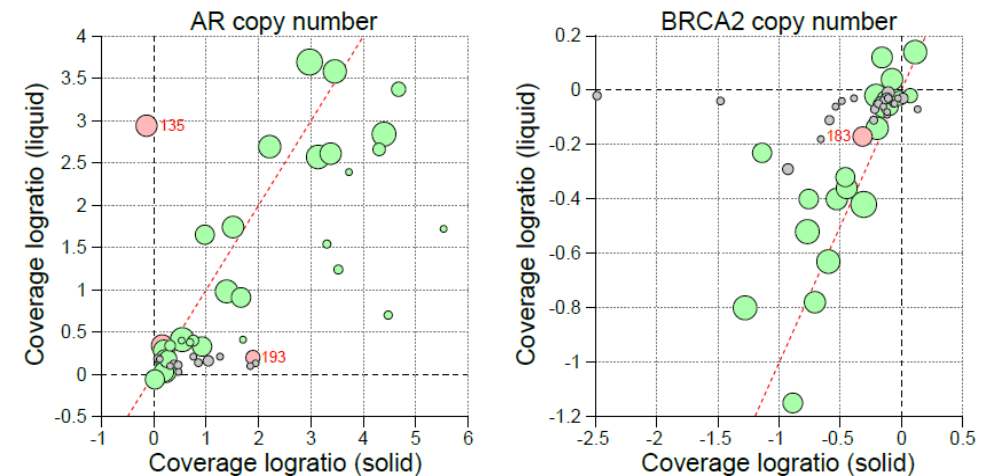
# High concordance between ctDNA and matched metastatic tissue biopsy (in mCRPC)

- 45 plasma cfDNA samples collected at time of metastatic tissue biopsy (SU2C / PCF West Coast Dream Team, Eric Small *et al.*)



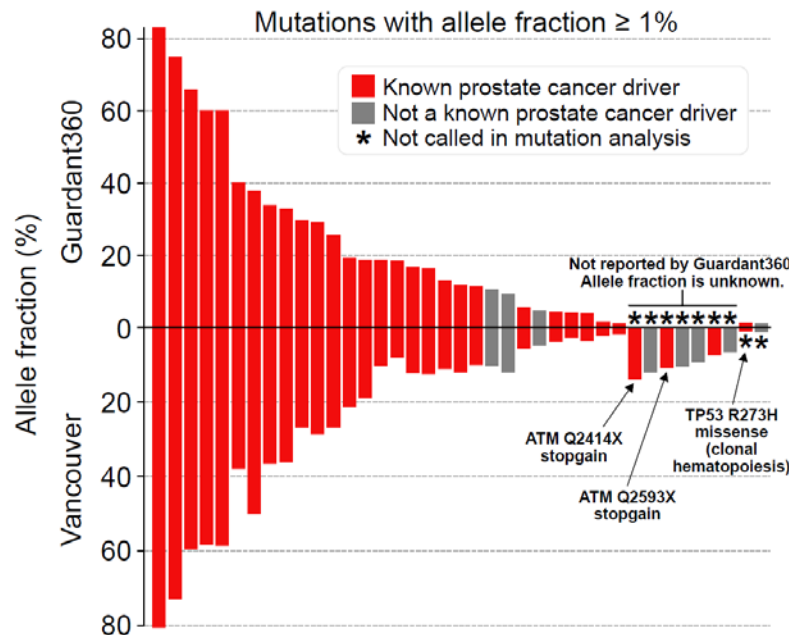
Similar mutation profiles, ctDNA vs tissue

Similar gene copy numbers, ctDNA vs tissue



# Existing commercial assays are adequate for mutation calling (at high allele frequency)

- Analyzed 24 same-day cfDNA samples with Guardant360 and academic targeted sequencing
- Confirmed 94% of somatic mutations identified by Guardant360 at >1% allele fraction

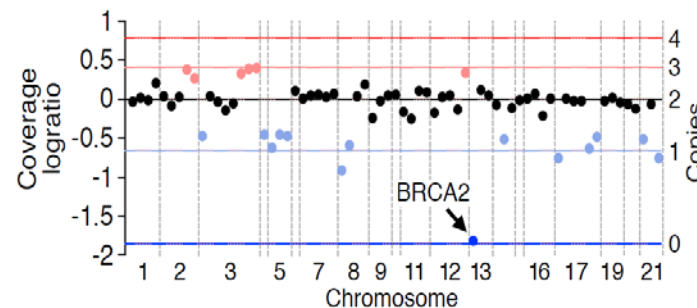
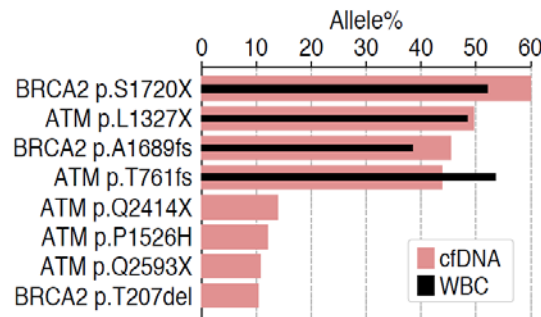


*Caveat: many somatic mutations identified by Guardant360 at <1% allele fraction appeared to represent subclonal passenger events or non-prostate derived clones*



# Commercial Assay Utility is limited by lack of reporting on deletions, rearrangements and germline

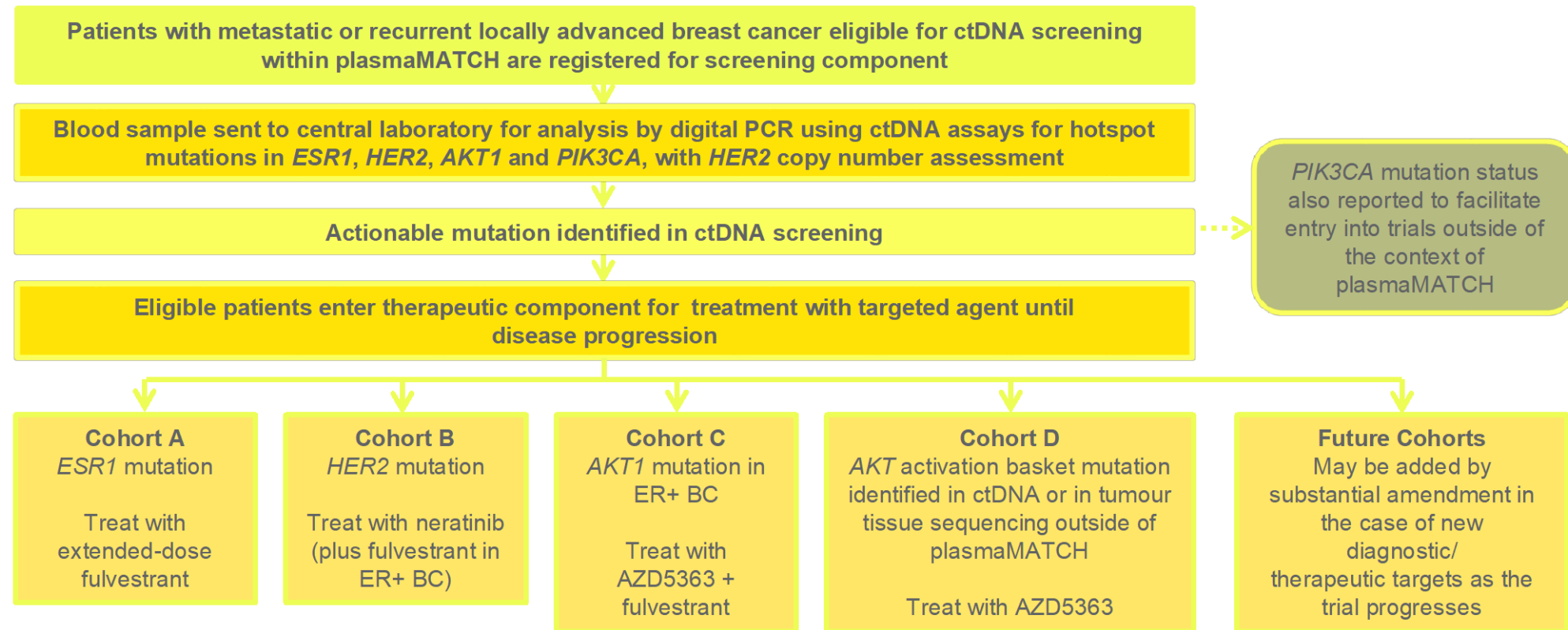
- Several DNA repair gene defects were not reported by Guardant360
  - Germline and somatic truncating *BRCA2*/*ATM* mutations
  - *BRCA2* biallelic deletions
  - *BRCA2* reversion mutations
  - Hypermutator phenotype (mismatch repair defect / high TMB)



*Note: critical prostate-specific genes such as FOXA1, SPOP, CDK12, PIK3R1 and ERG are also rarely present in existing pan-cancer commercial assays*

# Many Other ctDNA Umbrella Trials Underway

## plasmaMATCH trial design



Number of centres  
Recruitment target

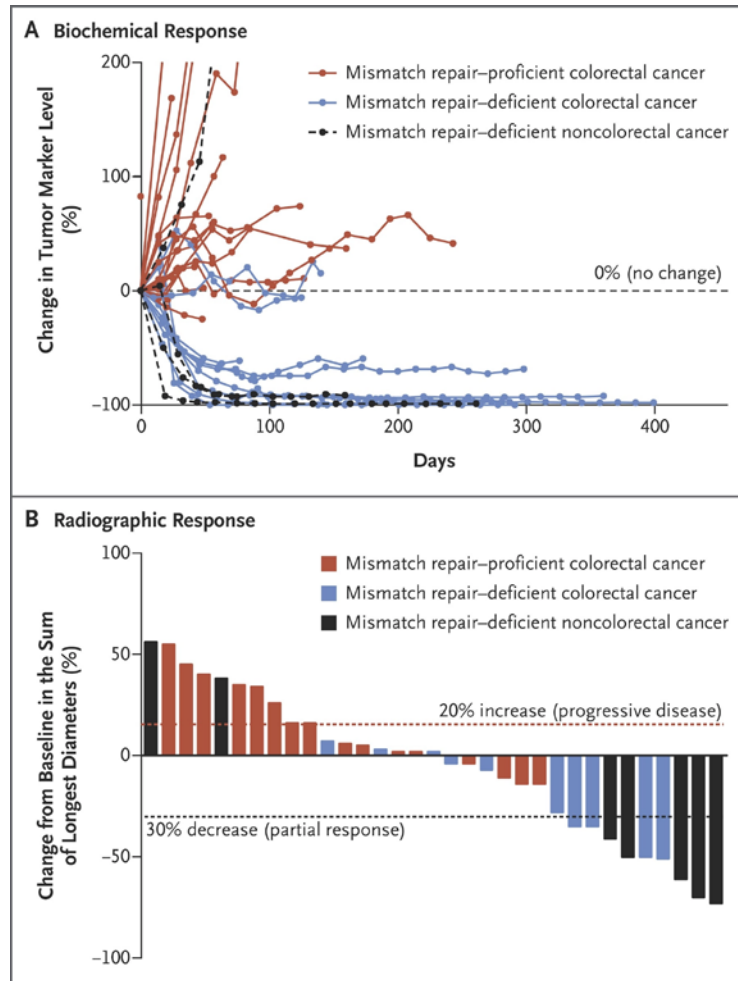
~50 UK Screening Sites, of which ~25 sites will also be Treatment Sites

- ctDNA screening component: ~1000 patients with metastatic or recurrent locally advanced BC who have received prior systemic treatment in the advanced setting
- Therapeutic component: Cohort A – 40 patients; Cohorts B–D – 16 patients in each

# Identification of Other “Genotypes” in ctDNA

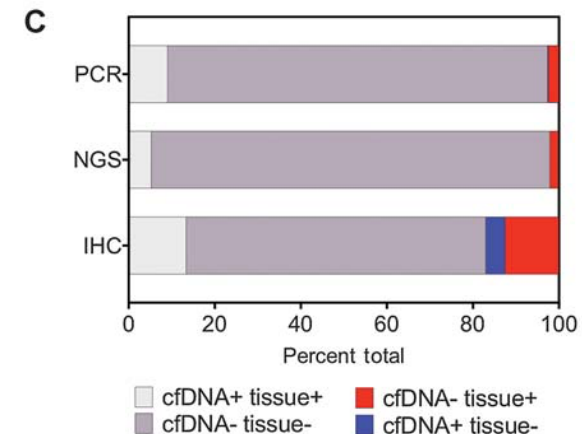
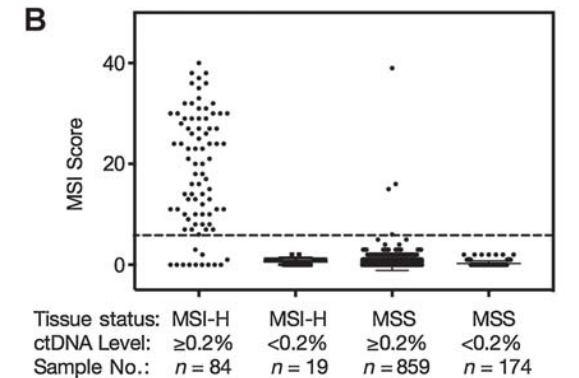
ORIGINAL ARTICLE

## PD-1 Blockade in Tumors with Mismatch-Repair Deficiency

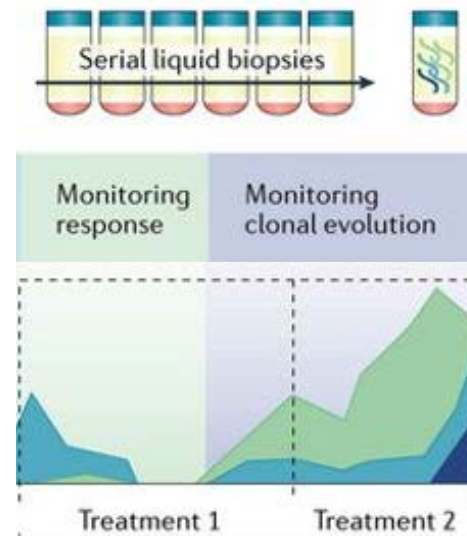


**A**

Total samples	1,145
Unique evaluable patients	949
PPA	87% (71/82, 77%–93%)
NPA	99.5% (863/867, 98.7%–99.8%)
PPV	95% (71/75, 86%–98%)
Accuracy	98.4% (934/949, 97.3%–99.1%)

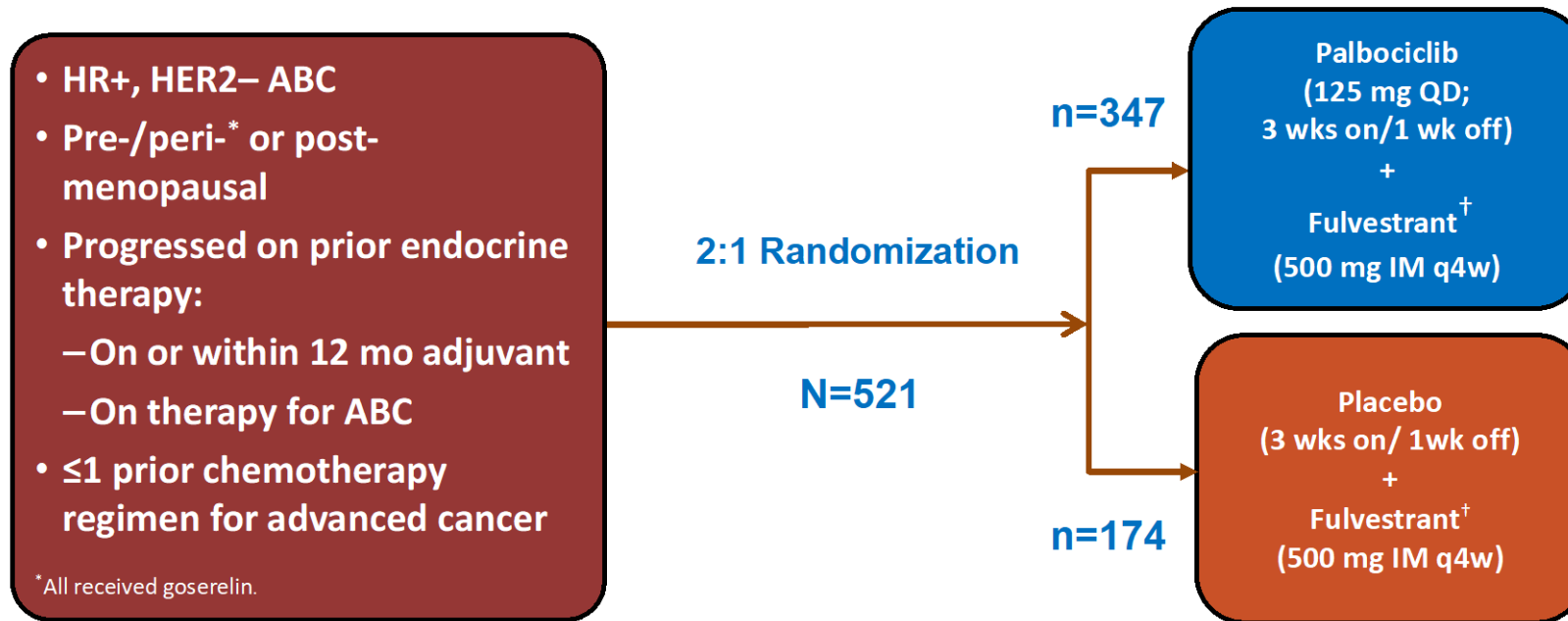


# Quantitative ctDNA for Prognosis or Monitoring



# ctDNA Tumor Fraction and Prognosis in 2nd Line ER+ Breast Cancer

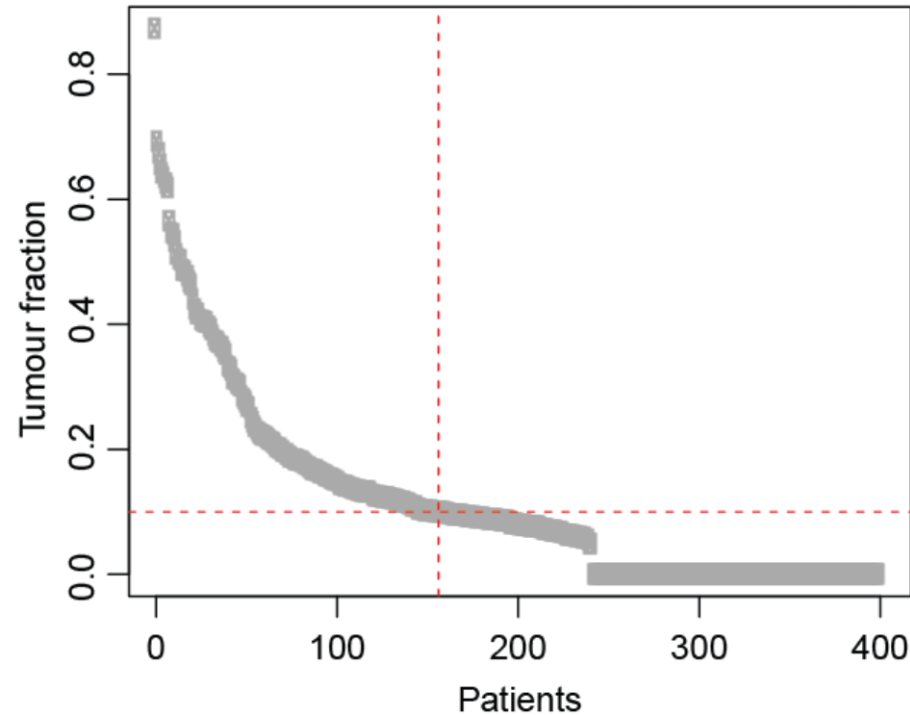
## PALOMA-3 Study Design



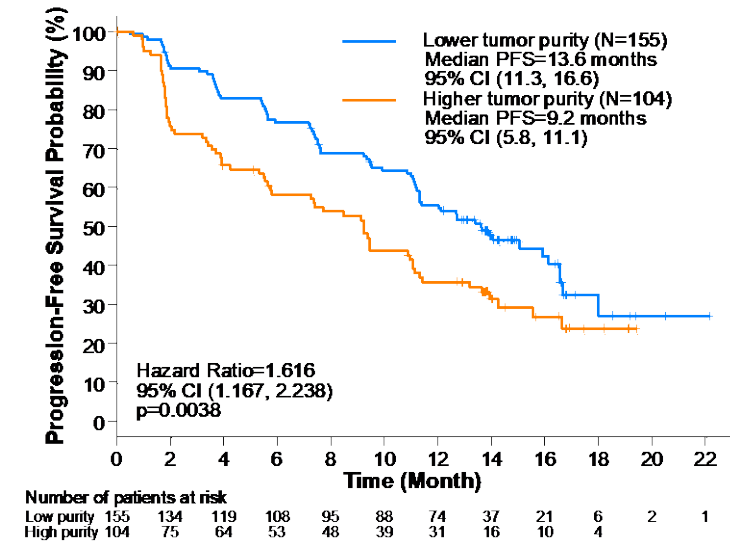
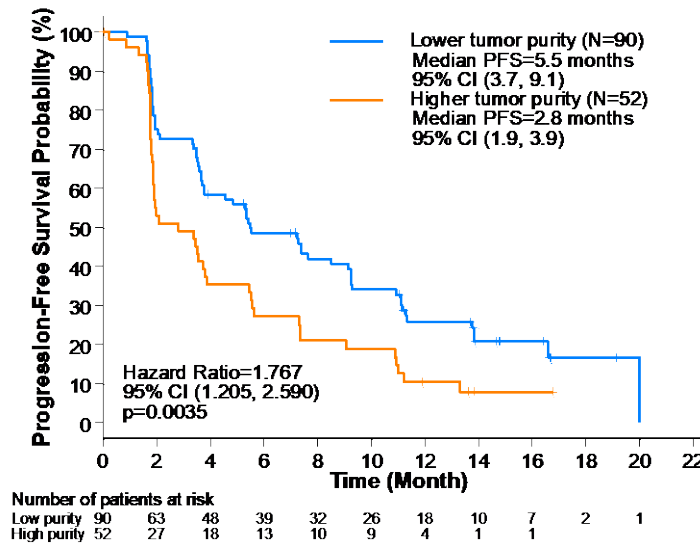
Plasma collected at baseline for ctDNA analysis n = 459 (88.1% of ITT population)

# ctDNA Tumor Fraction and Prognosis in 2nd Line ER+ Breast Cancer

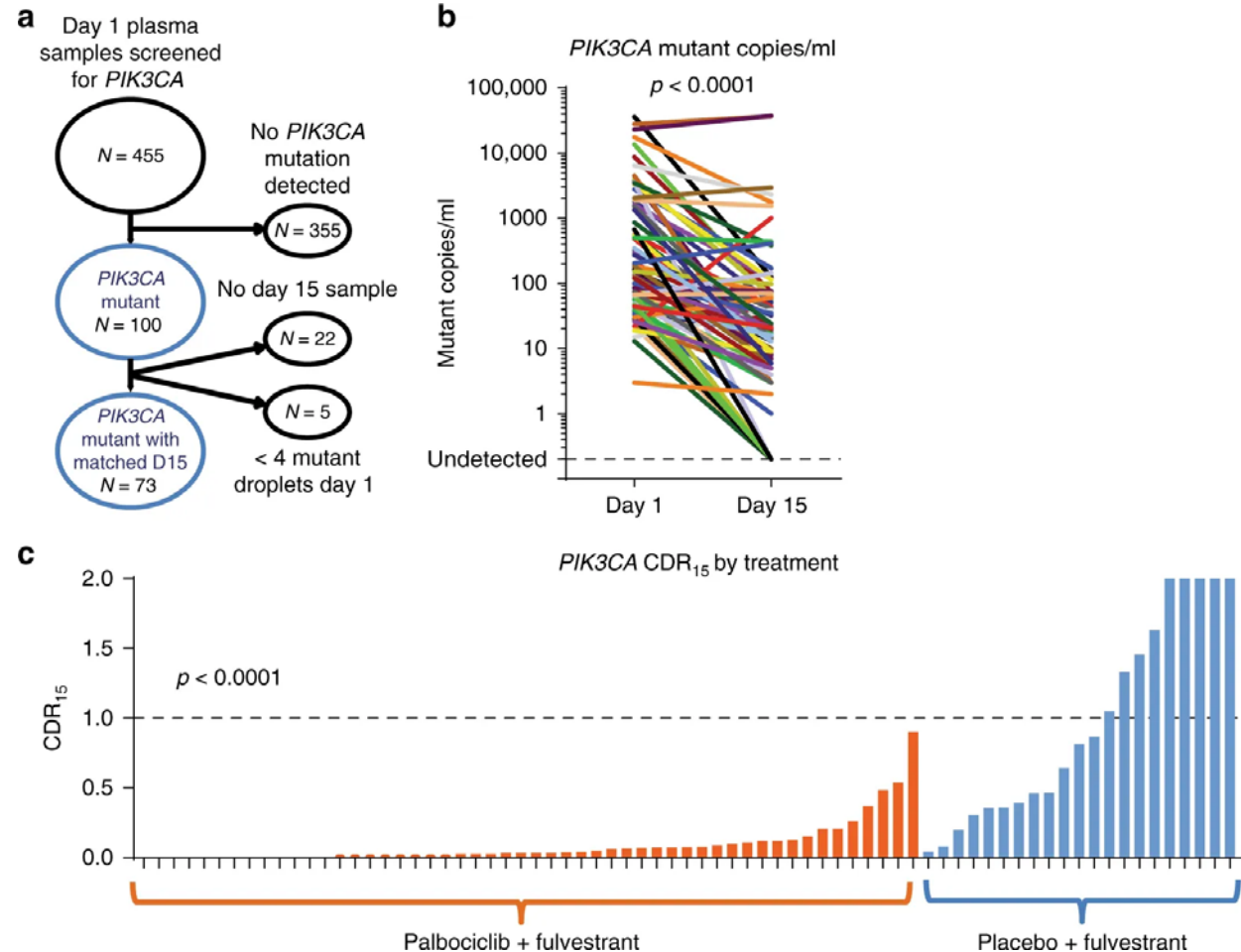
## Tumor fraction (n = 401)



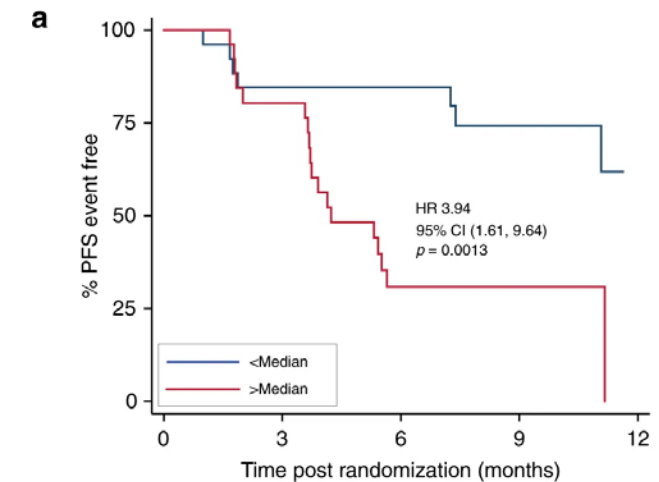
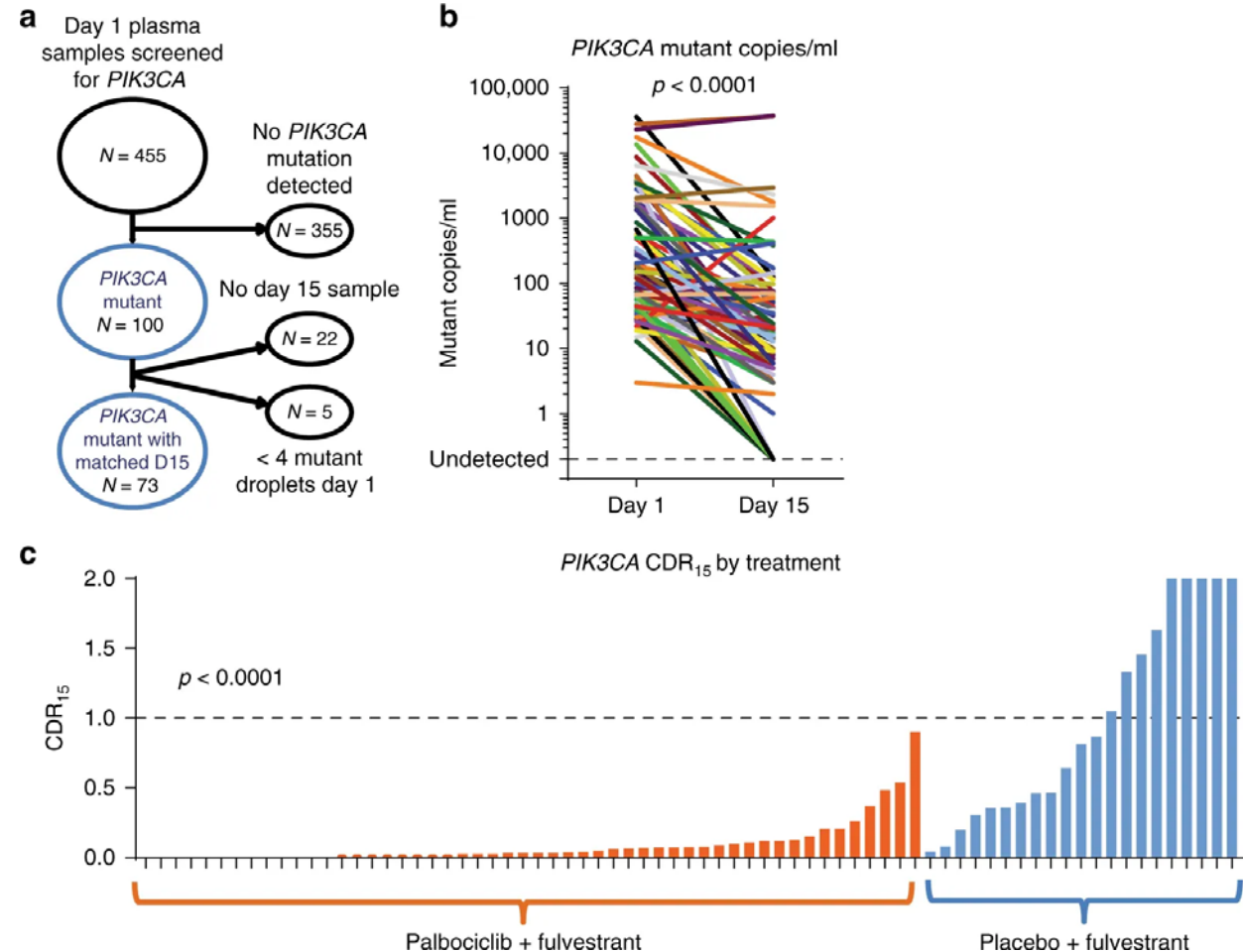
## Tumor fraction >10% associates with early progression



# ctDNA Early Response in PALOMA-3

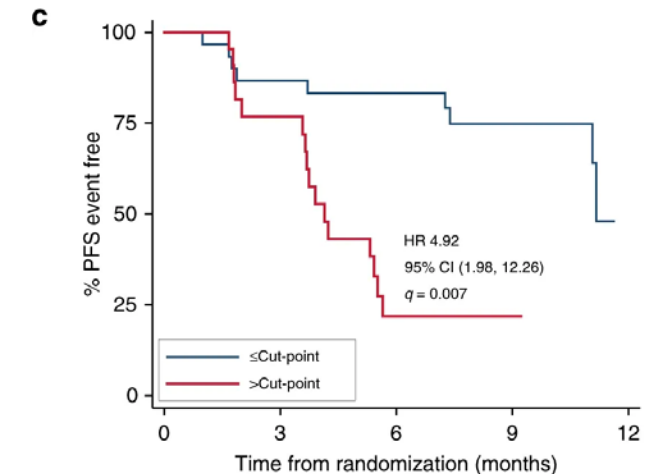


# ctDNA Early Response in PALOMA-3



Number at risk (events)

<Median:	26	(4)	22	(0)	17	(2)	10	(1)	1
>Median:	26	(5)	20	(12)	7	(0)	4	(1)	0



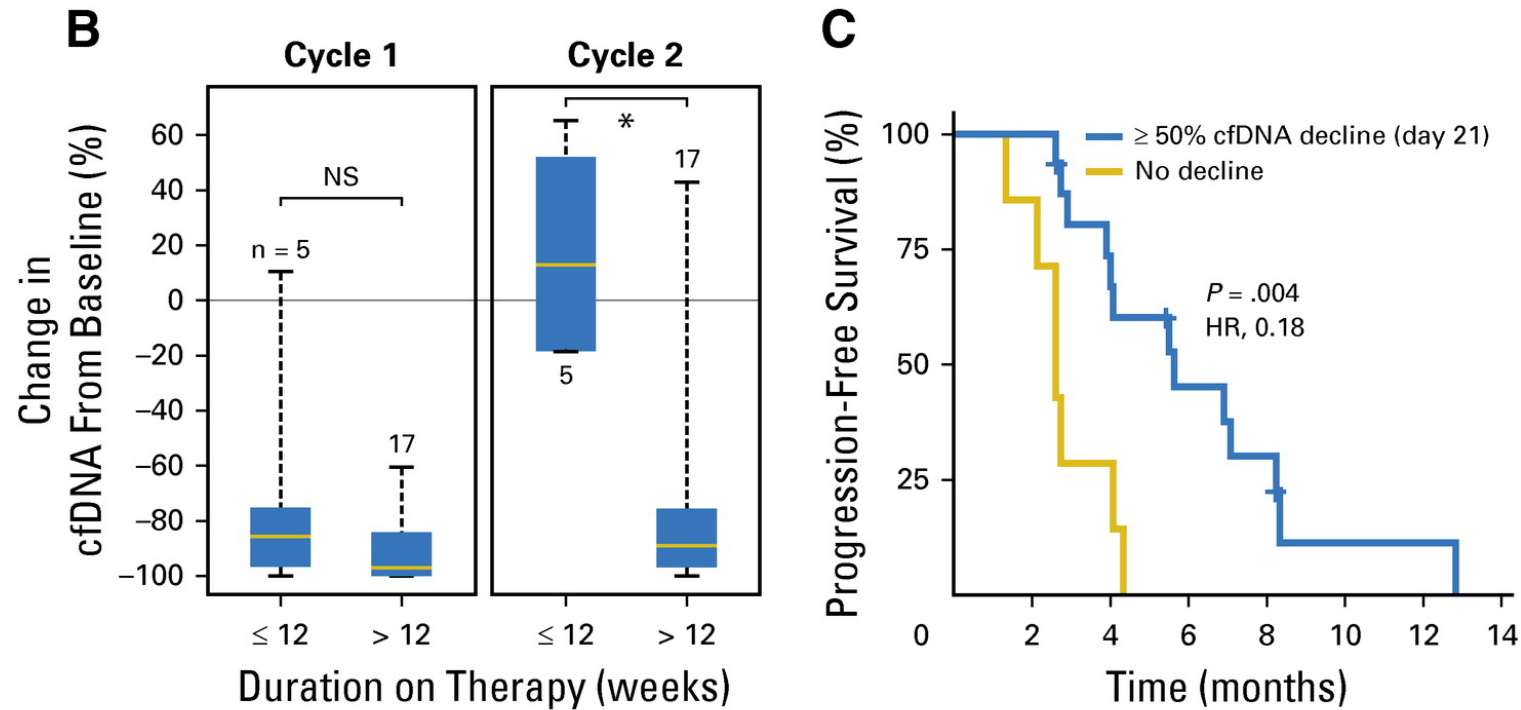
Number at risk (events)

≤Cut-point:	30	(4)	26	(1)	20	(2)	13	(2)	1
>Cut-point:	22	(5)	16	(11)	4	(0)	1	(0)	0

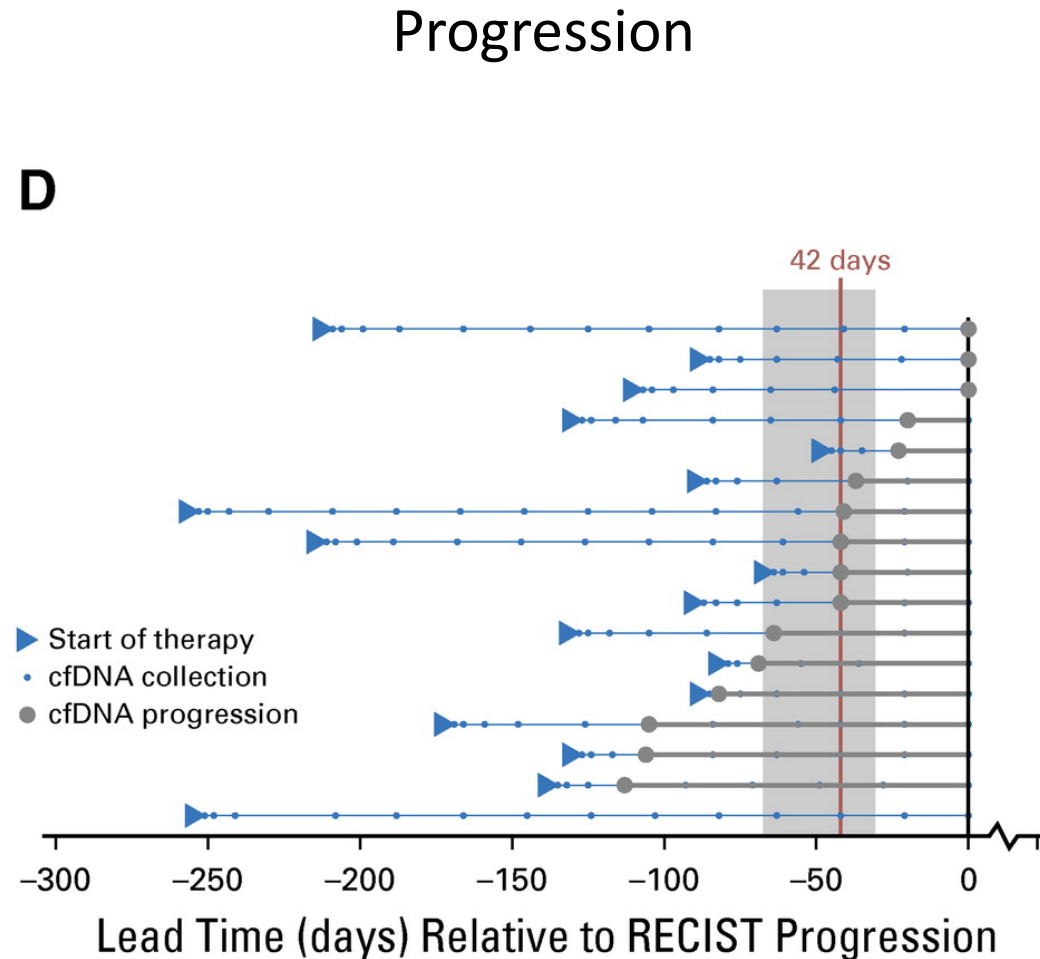


# ctDNA Dynamics in AKT1-mutated Metastatic Breast Cancer Treated with an AKT Inhibitor (AZD 5363)

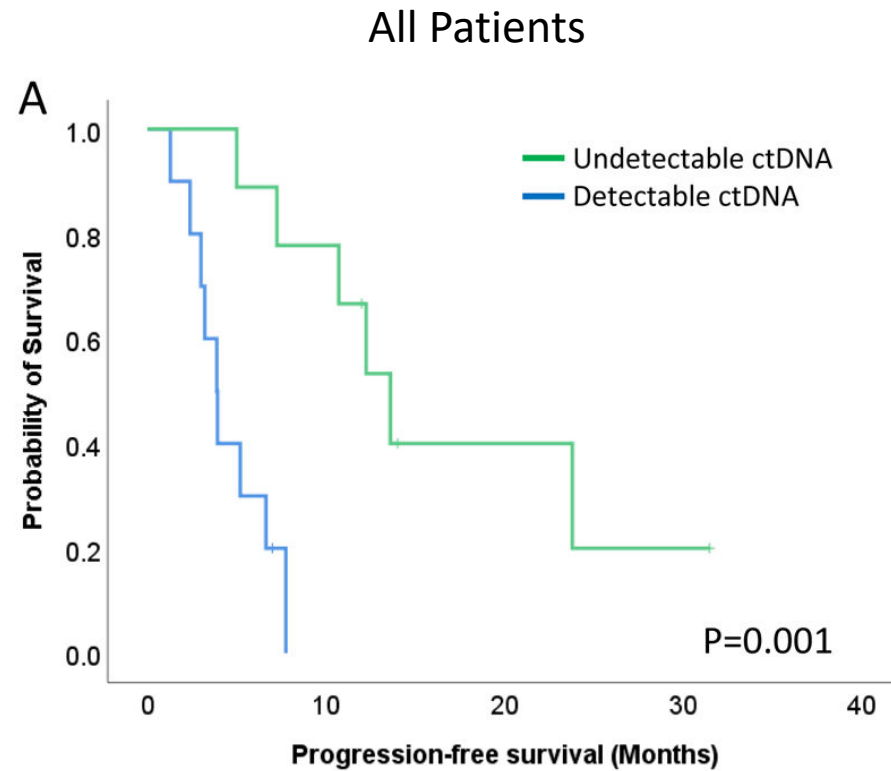
cfDNA decline at Day 21 is associated with response



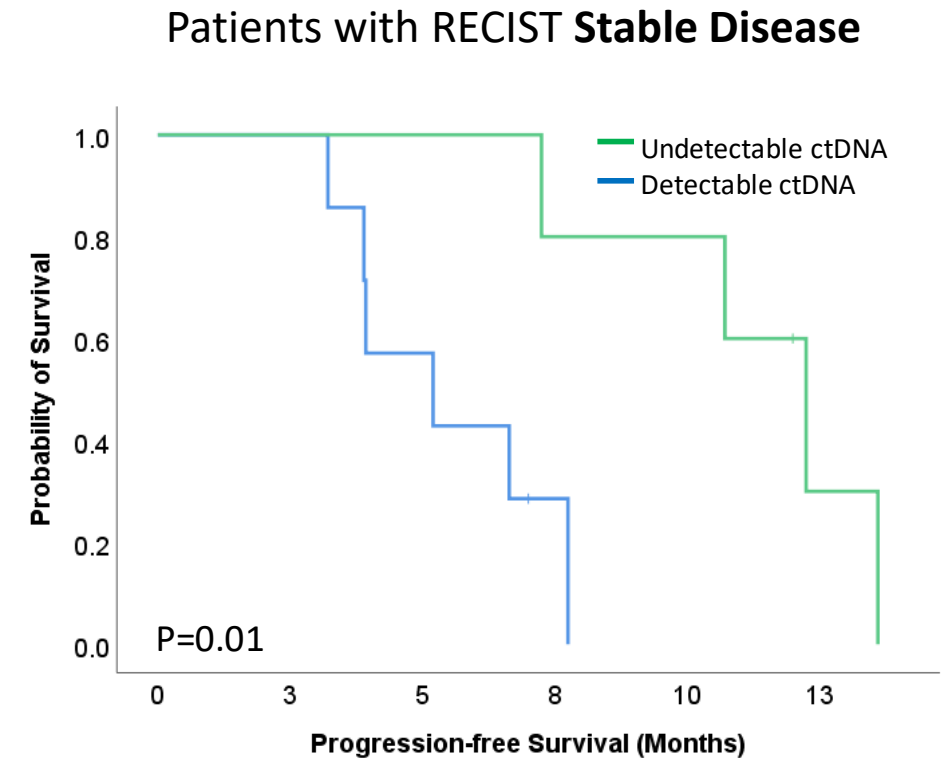
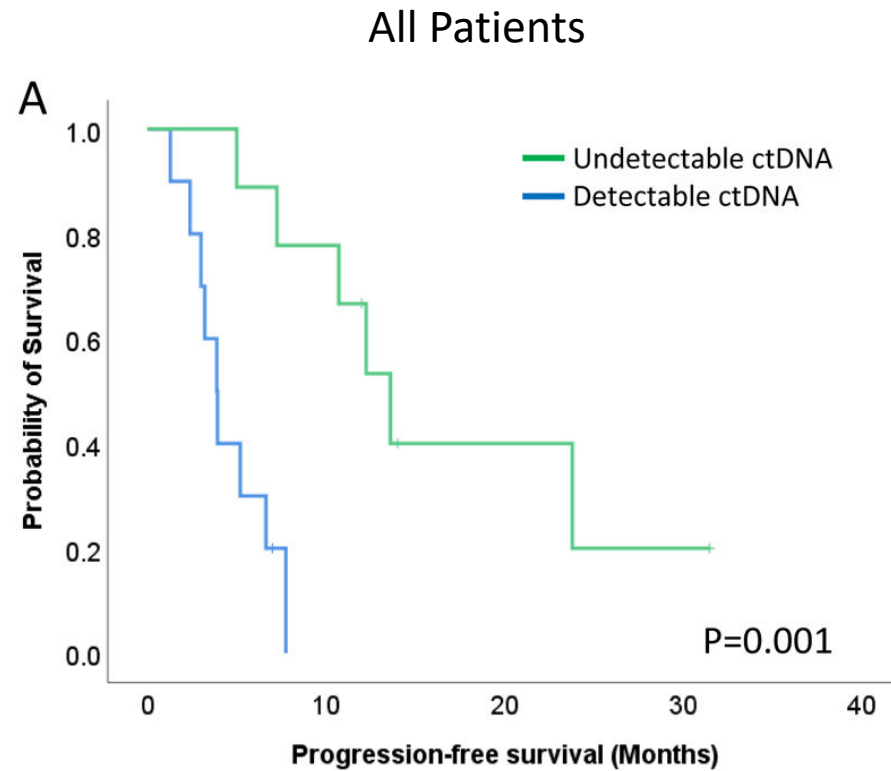
# ctDNA Dynamics in AKT1-mutated Metastatic Breast Cancer Treated with an AKT Inhibitor (AZD 5363)



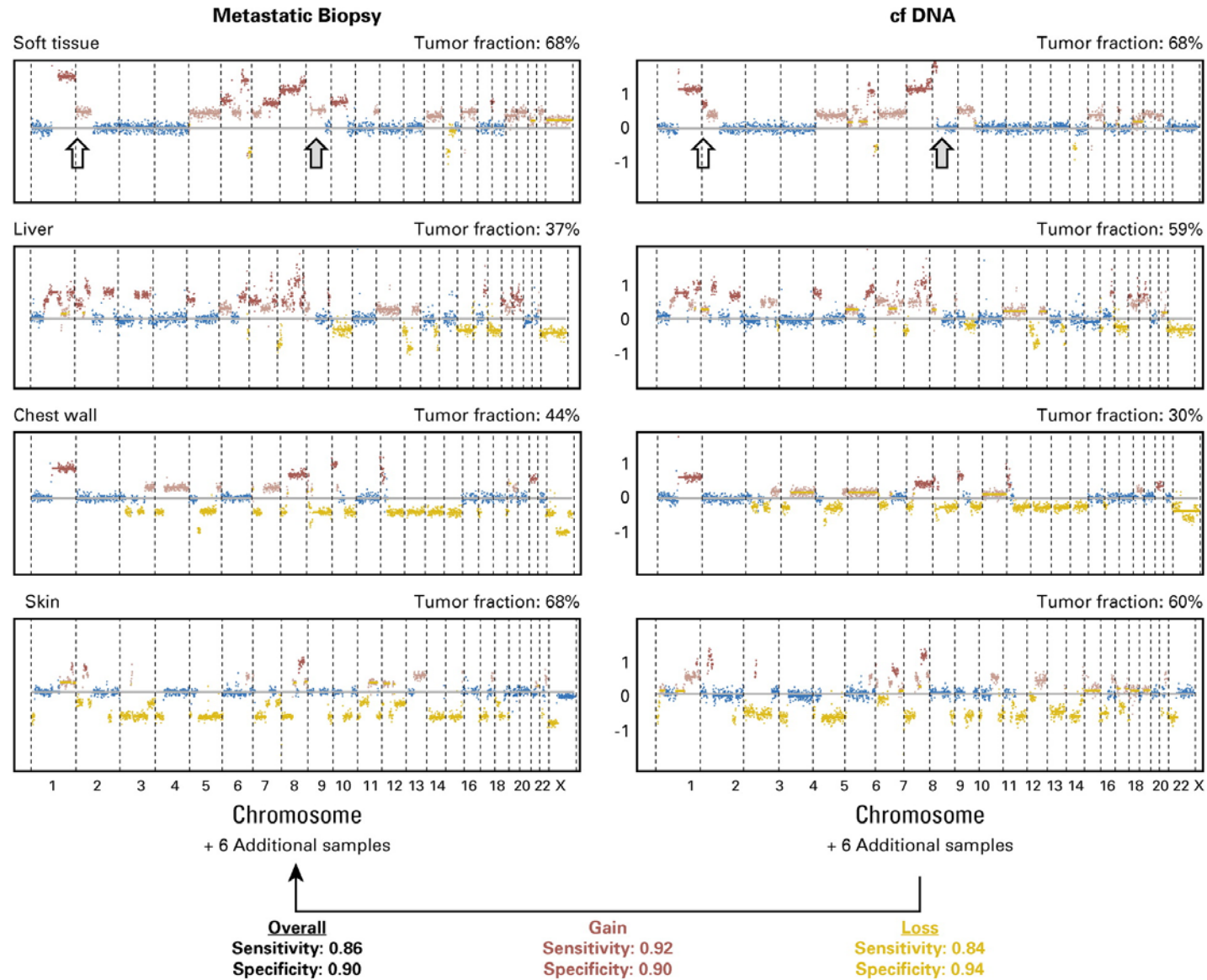
# Early ctDNA Clearance at 4 wks Correlates with Clinical Outcome for Immunotherapy in NSCLC



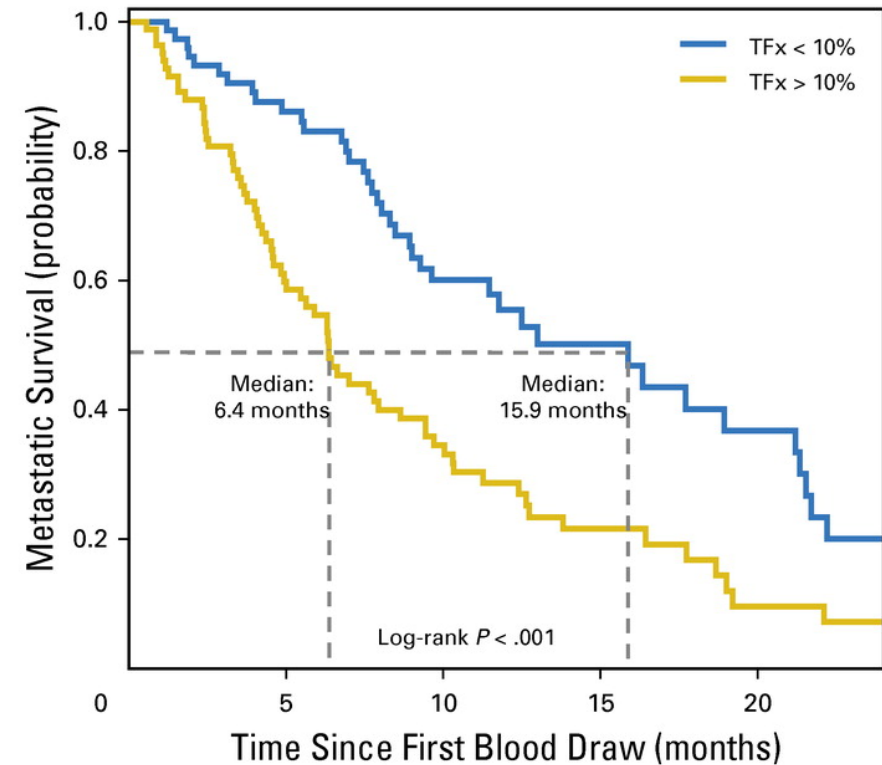
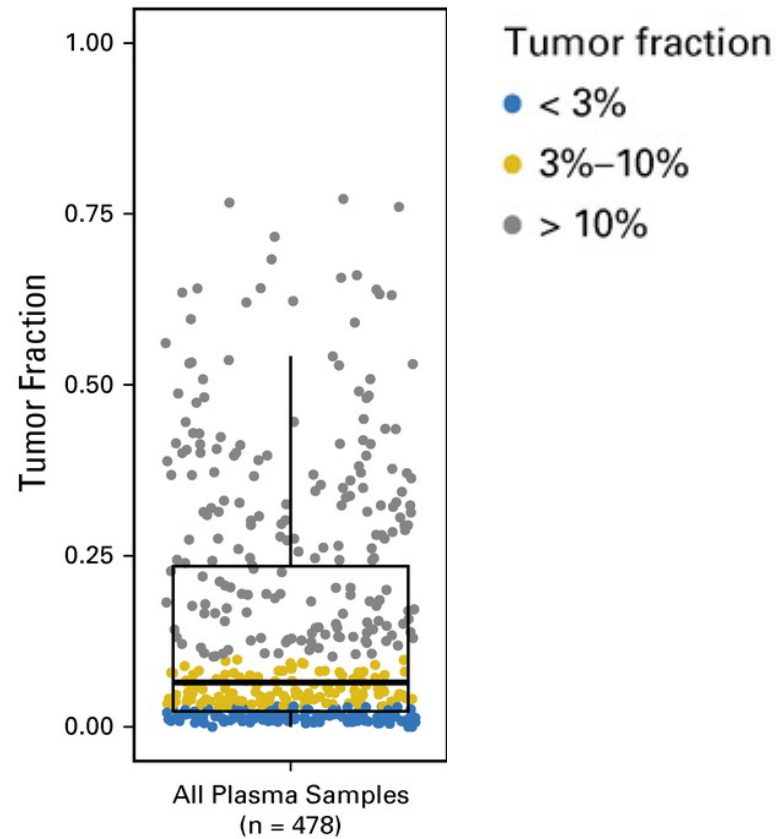
# Early ctDNA Clearance at 4 wks Correlates with Clinical Outcome for Immunotherapy in NSCLC



# Copy Number Alterations in ctDNA (mTNBC)

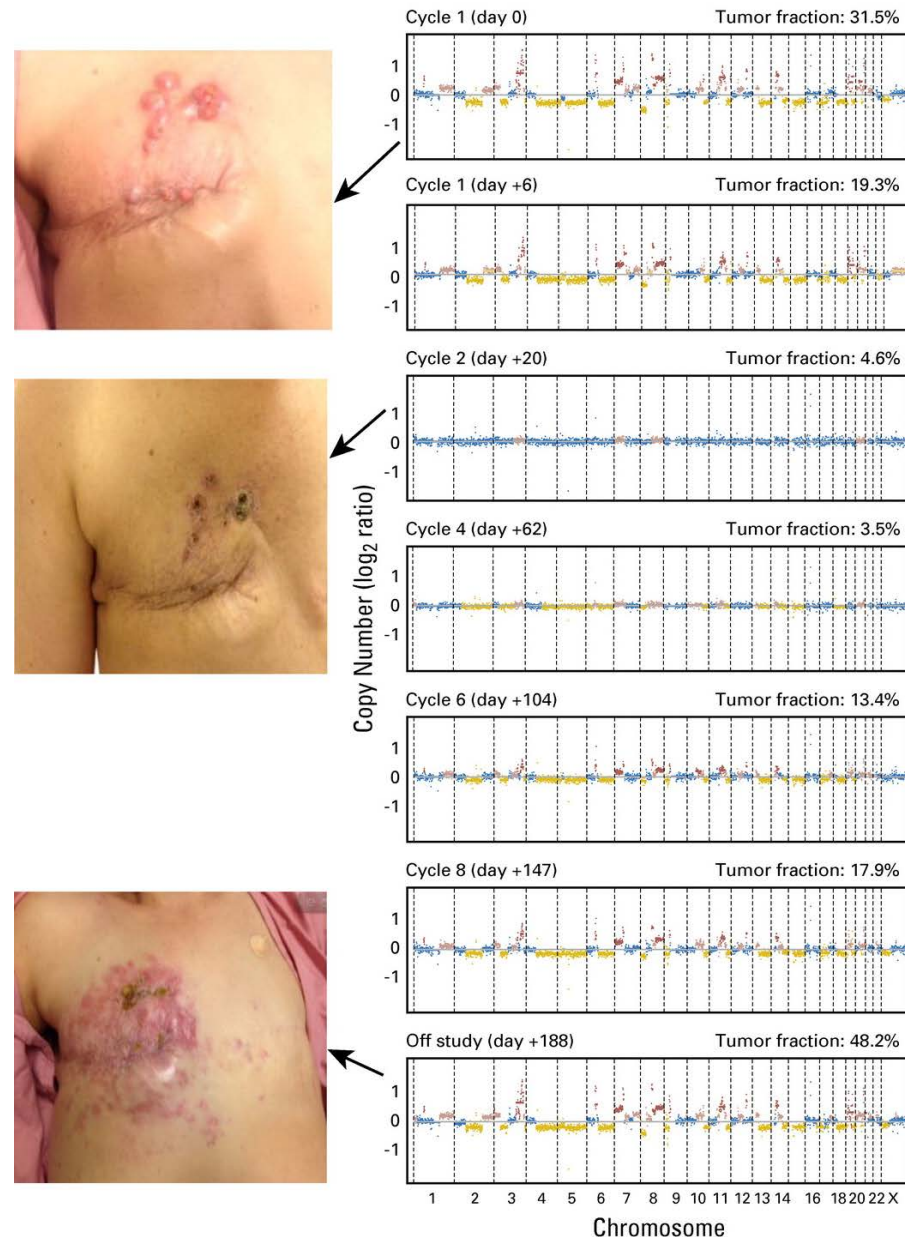


# Tumor Fraction by CNA is Prognostic in TNBC



No. at risk					
TFx < 10%	75	57	34	16	11
TFx > 10%	83	48	25	11	4

# Tumor Fx Correlates with Response and Progression





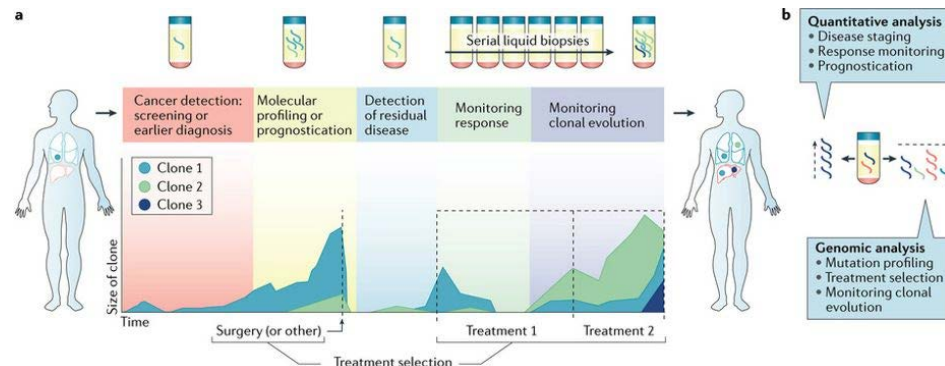
# Key Questions That Can be Addressed with ctDNA

## Localized/locally advanced disease

- Predict relapse/patient selection (*prognostic +/- predictive*)
- Eliminate molecular residual disease (*surrogate*)
- Guide adjuvant treatment duration or selection

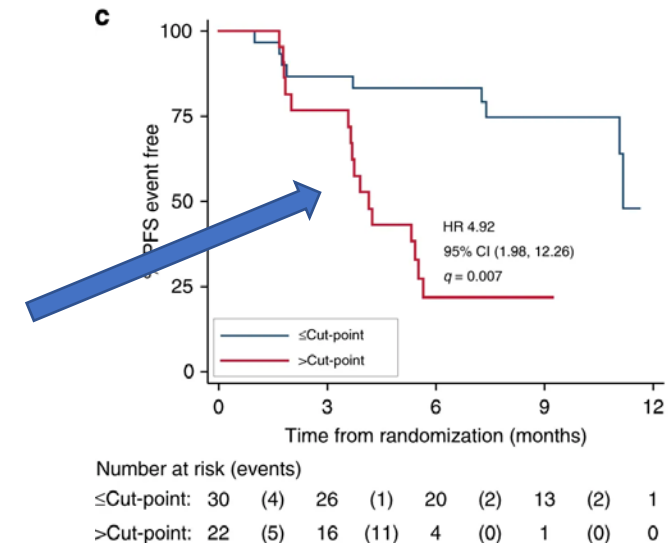
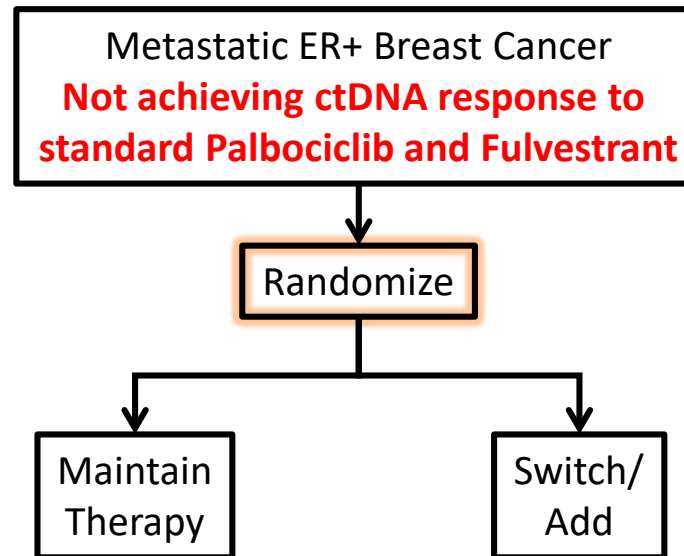
## Recurrent or metastatic disease

- *Patient Selection/Predictive Biomarker*
- *Prognostic Biomarker*
- *Early Surrogate/Dynamic Response Marker*
- *Treatment Duration for I/O, NED*
- *Identify Drug Resistance*
- *Inform Drug Mechanism of Action*
- *Guide Change of Therapy*



# Applications of ctDNA monitoring

- Proof of concept/surrogate endpoint for novel therapy
- Response-adaptive therapy (eg. switch or add)



# Applications of ctDNA monitoring

- Proof of concept/surrogate endpoint for novel therapy
- Response-adaptive therapy (eg. switch or add)

Prognostic

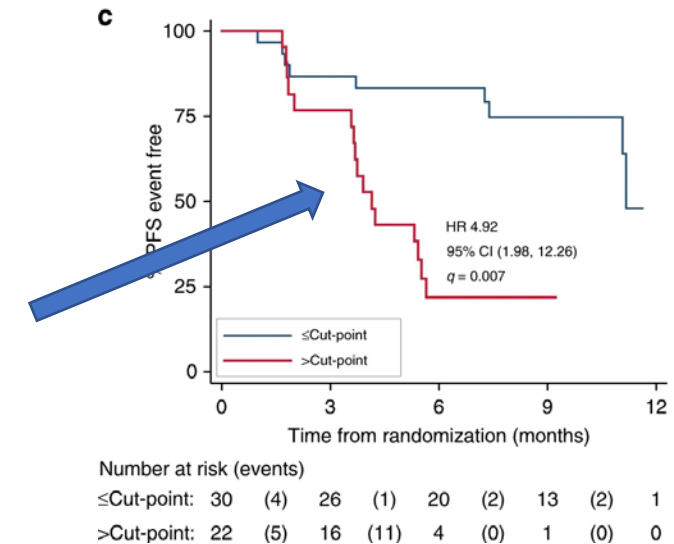
Metastatic ER+ Breast Cancer  
**Not achieving ctDNA response to  
standard Palbociclib and Fulvestrant**

Randomize

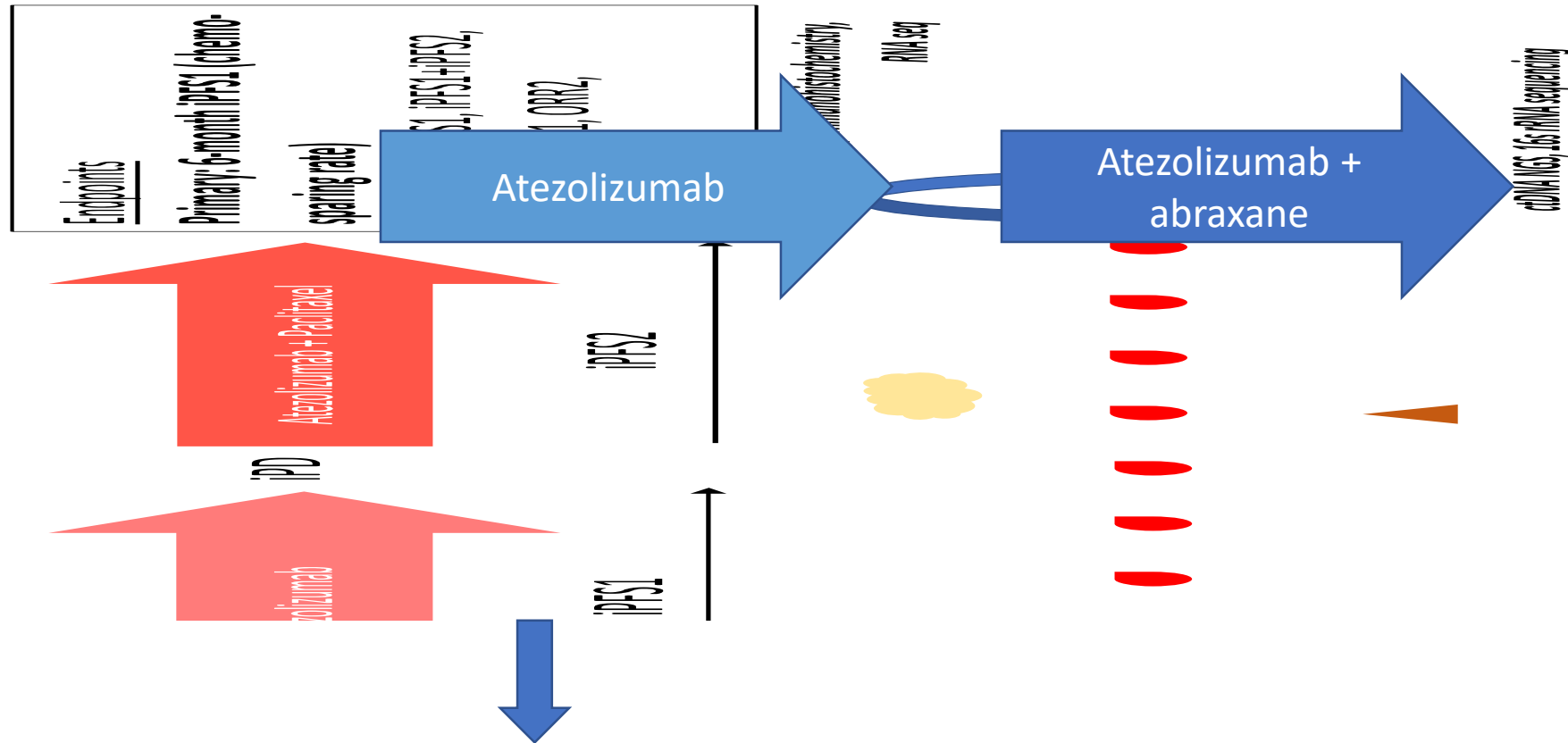
Predictive?

Maintain  
Therapy

Switch/  
Add

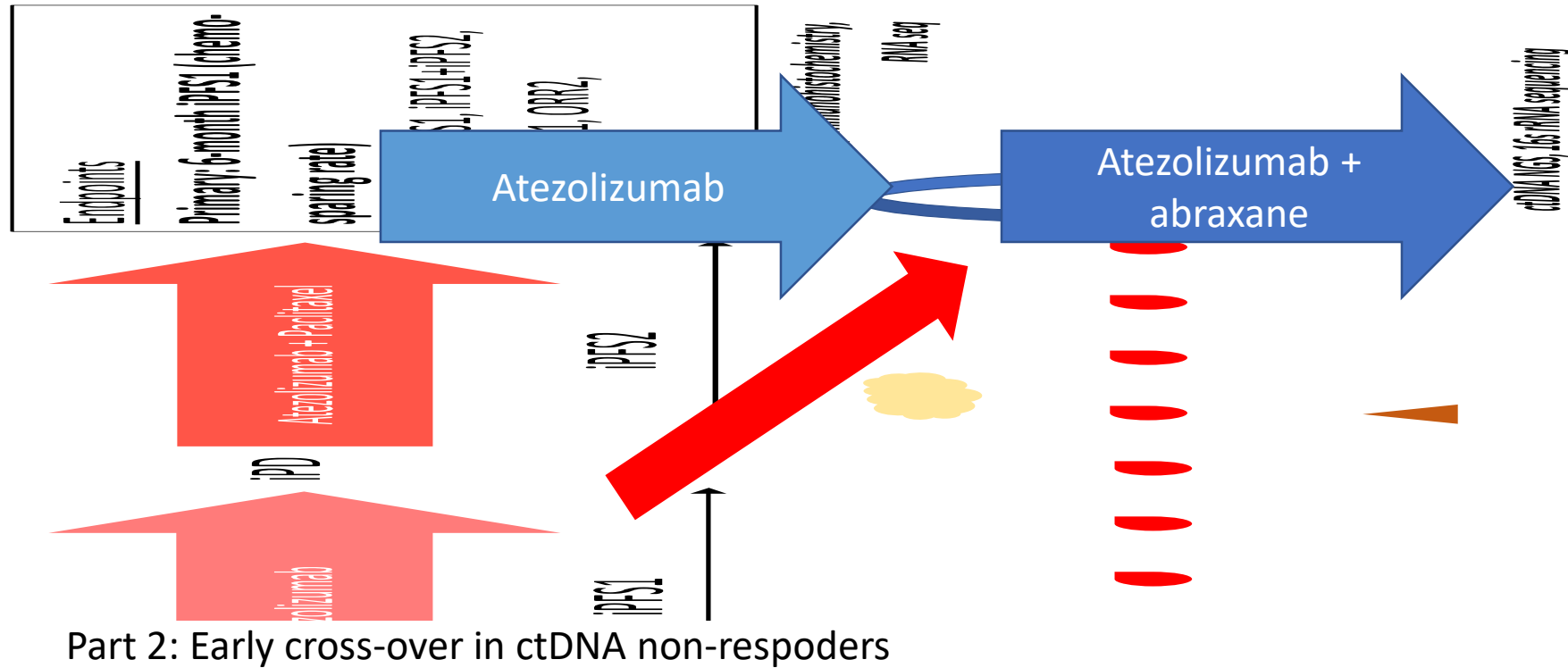


# Response-adaptive chemo-sparing in TNBC

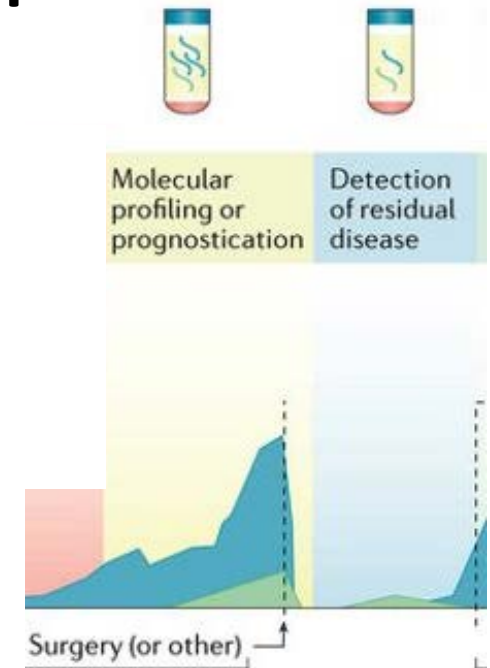


## Part 1: Validation of early ctDNA response marker

# Response-adaptive chemo-sparing in TNBC

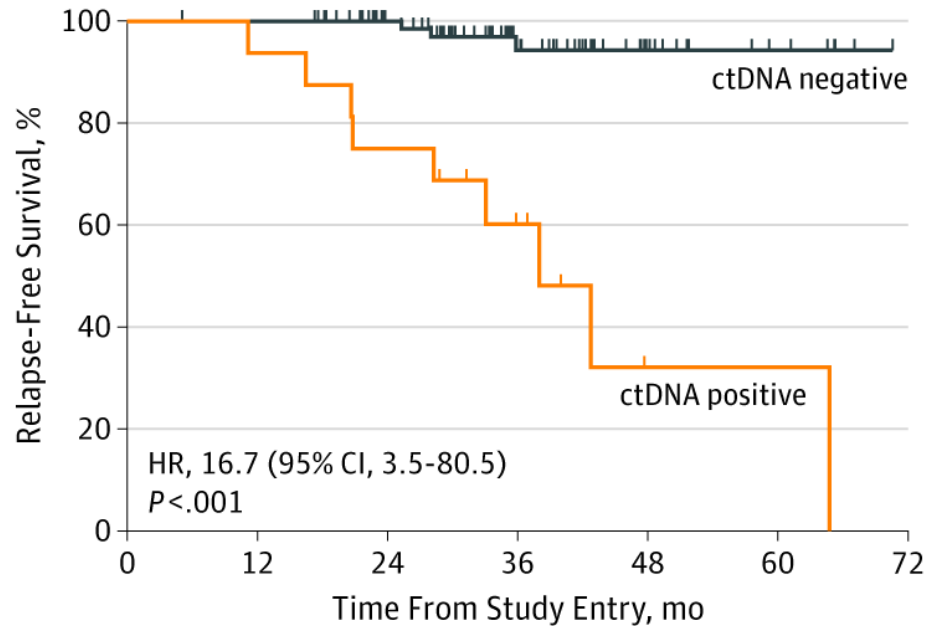


# ctDNA to Detect Minimal Residual Disease Following Curative-Intent Therapy



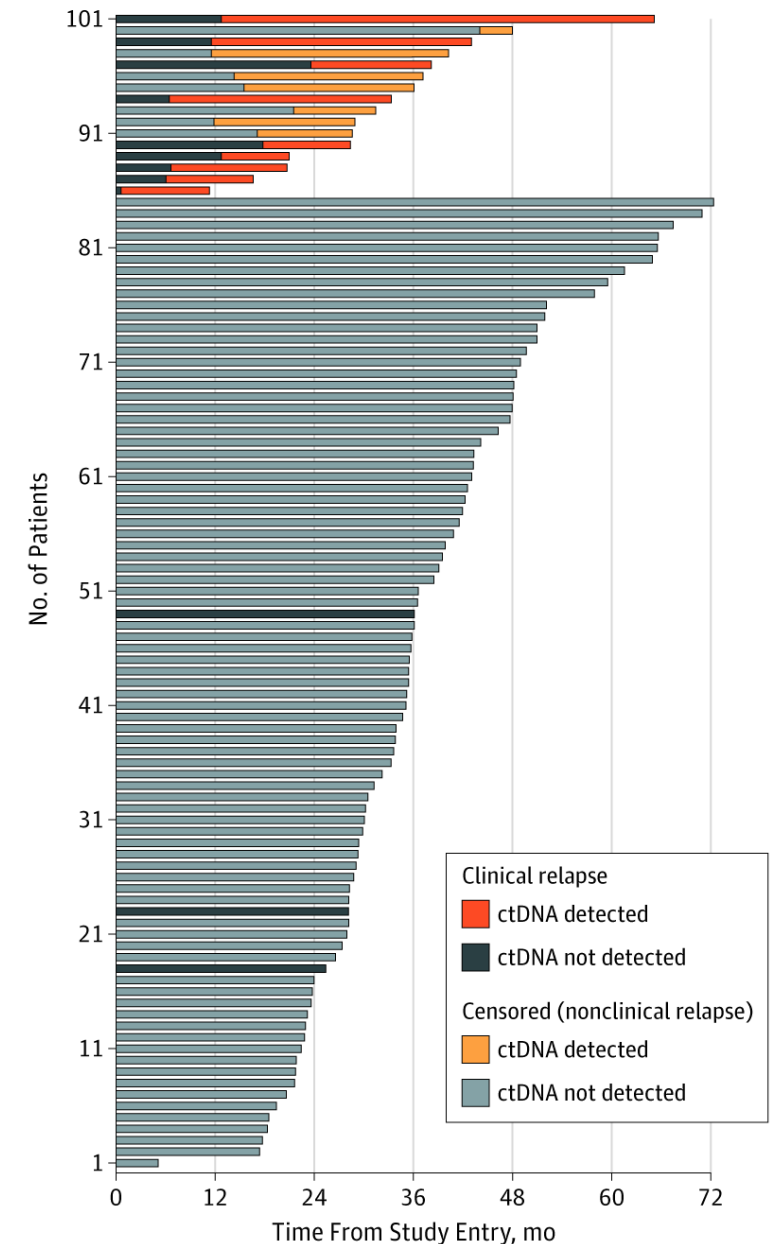
# Detectable ctDNA Anticipates Relapse in Early BC

**B** Follow-up



No. at risk							
ctDNA negative	85	84	68	36	16	7	1
ctDNA positive	16	15	12	6	1	1	0

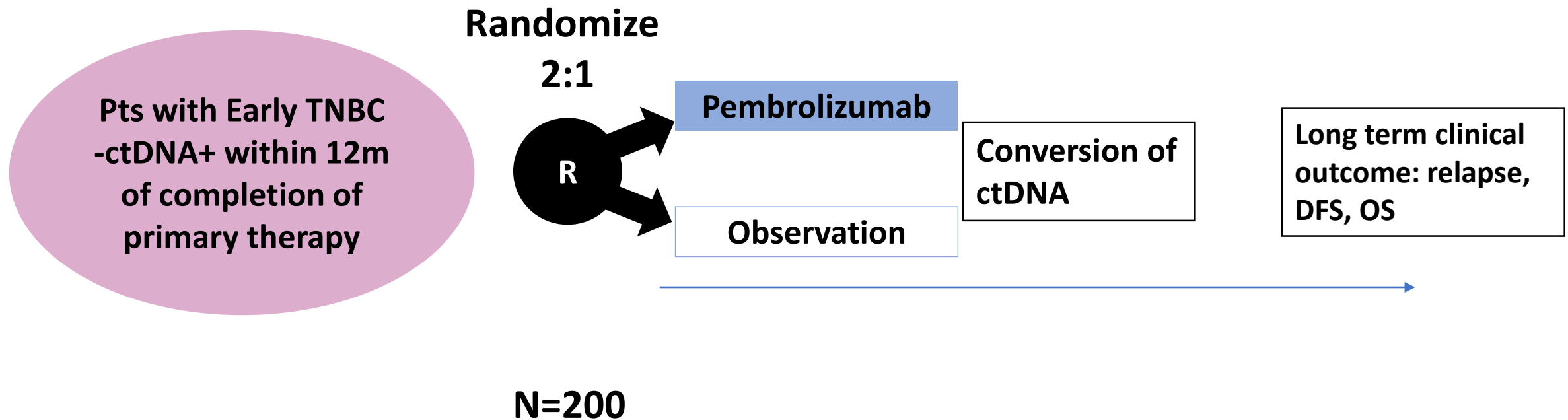
ddPCR detection in subset of patients with identified mutations on tumor panel





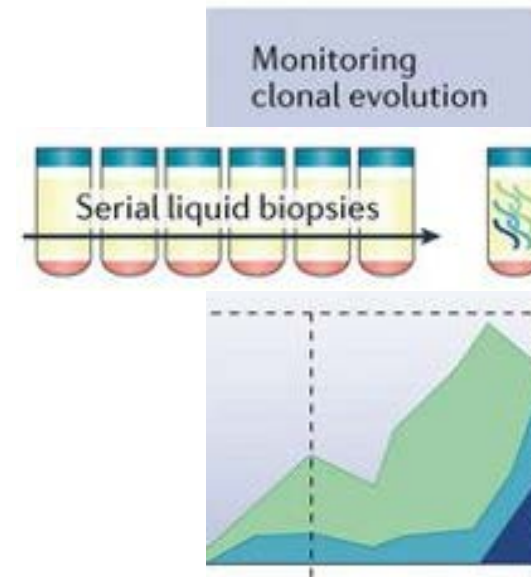
# MRD-guided Adjuvant Therapy: C-TRAK TN

A Trial Using ctDNA Blood Tests to Detect Cancer Cells After Standard Treatment to Trigger Additional Treatment in Early Stage Triple Negative Breast Cancer Patients  
(NCT03145961)



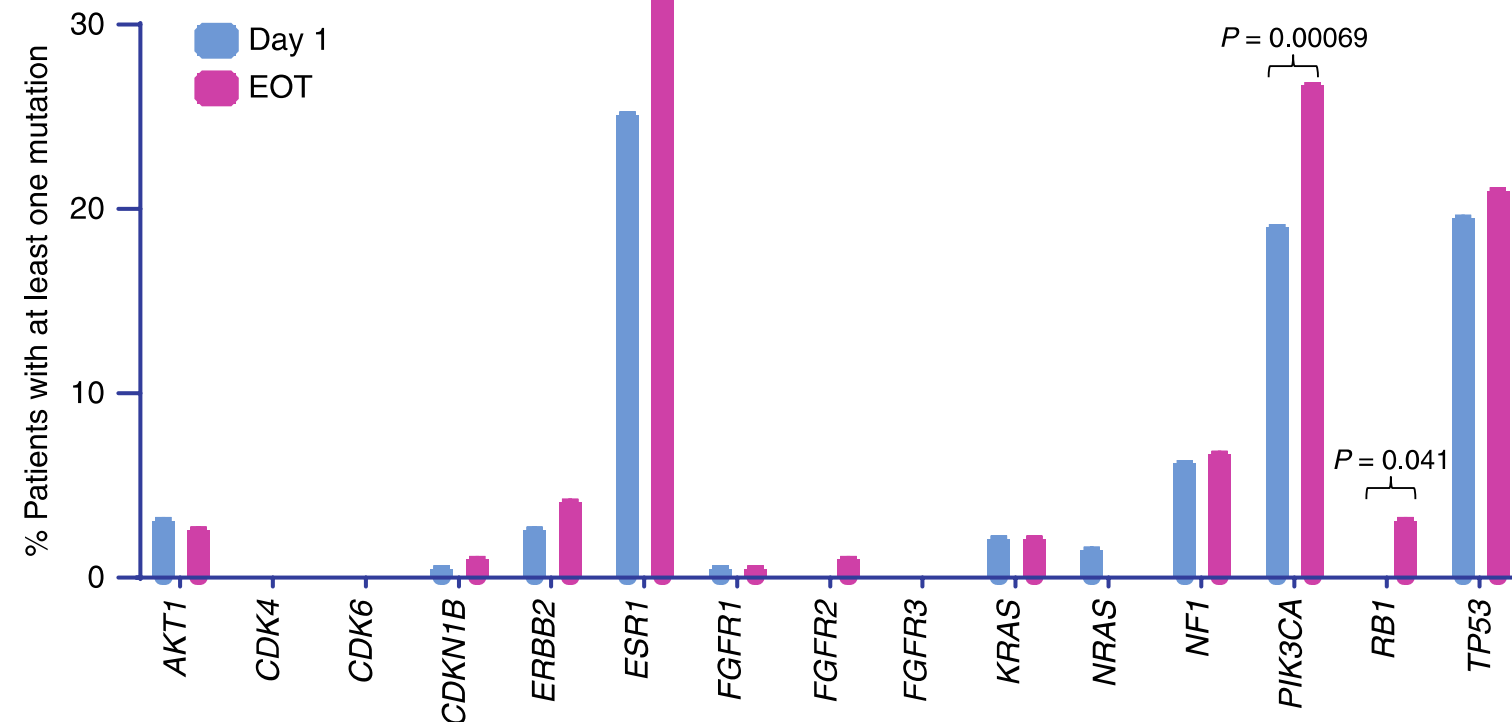
**Primary Endpoint: ctDNA Detection or disease recurrence at 12 and 24 months**

# Evaluation of Acquired Resistance Using ctDNA

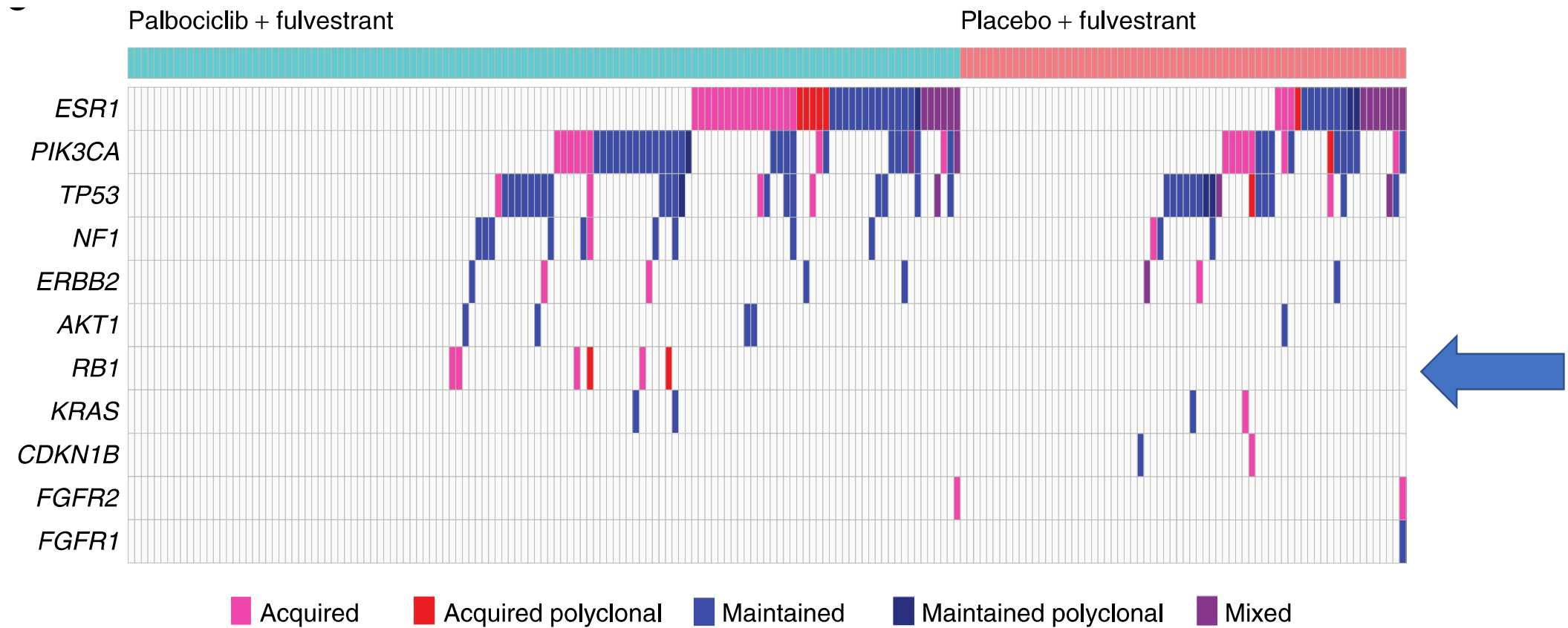


# ctDNA to Identify Acquired CDK4/6i Resistance – PALOMA 3

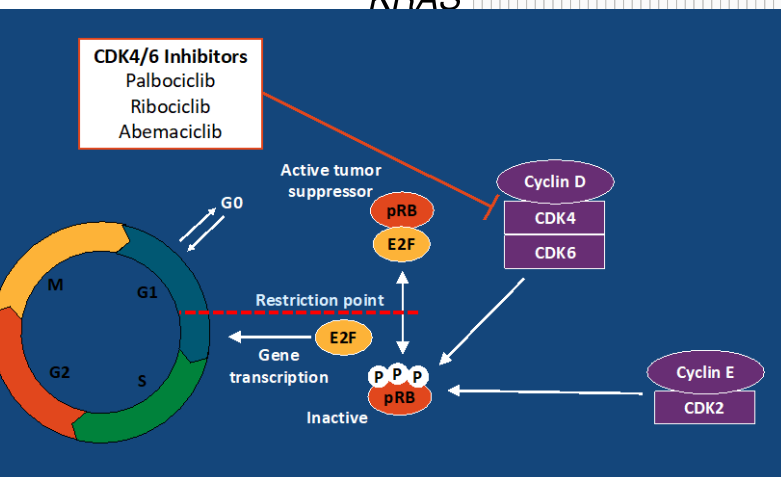
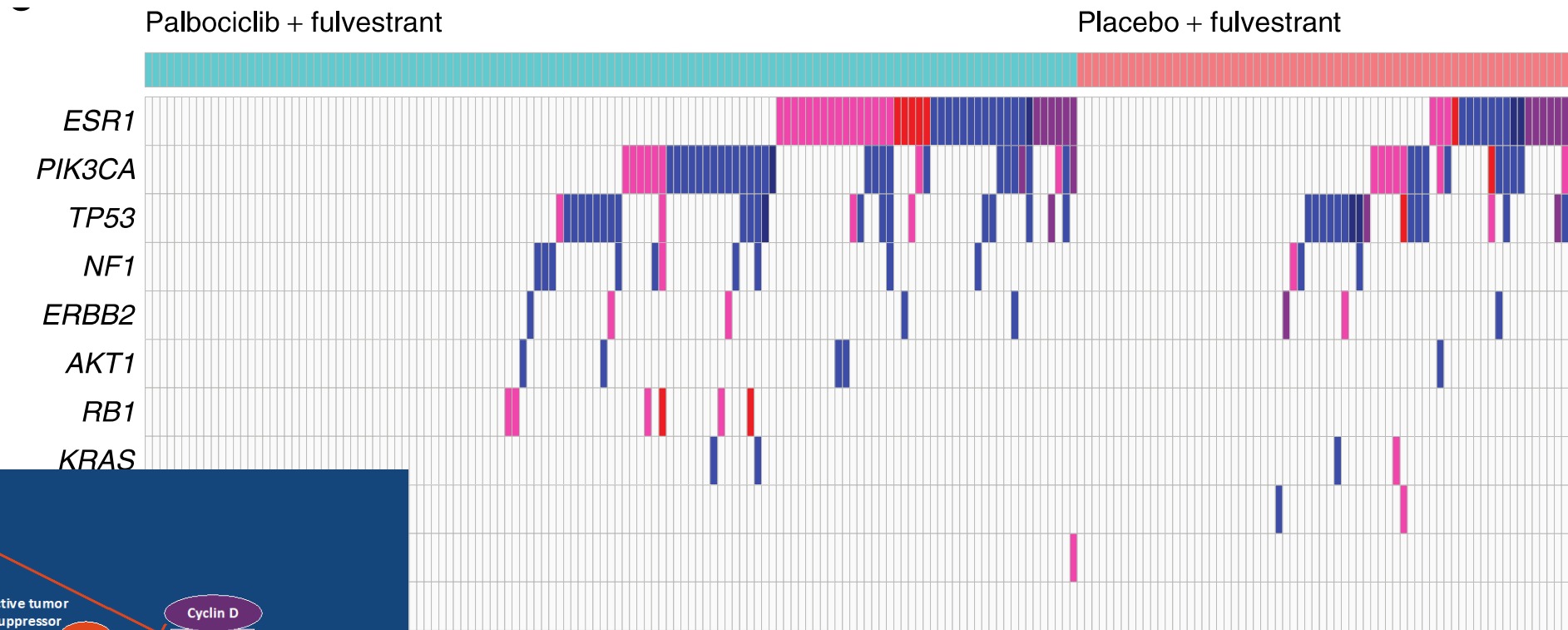
Mutations Detected in ctDNA at Baseline vs End of Treatment



# RB1 Mutations are Exclusive to CDK4/6 Arm at Progression



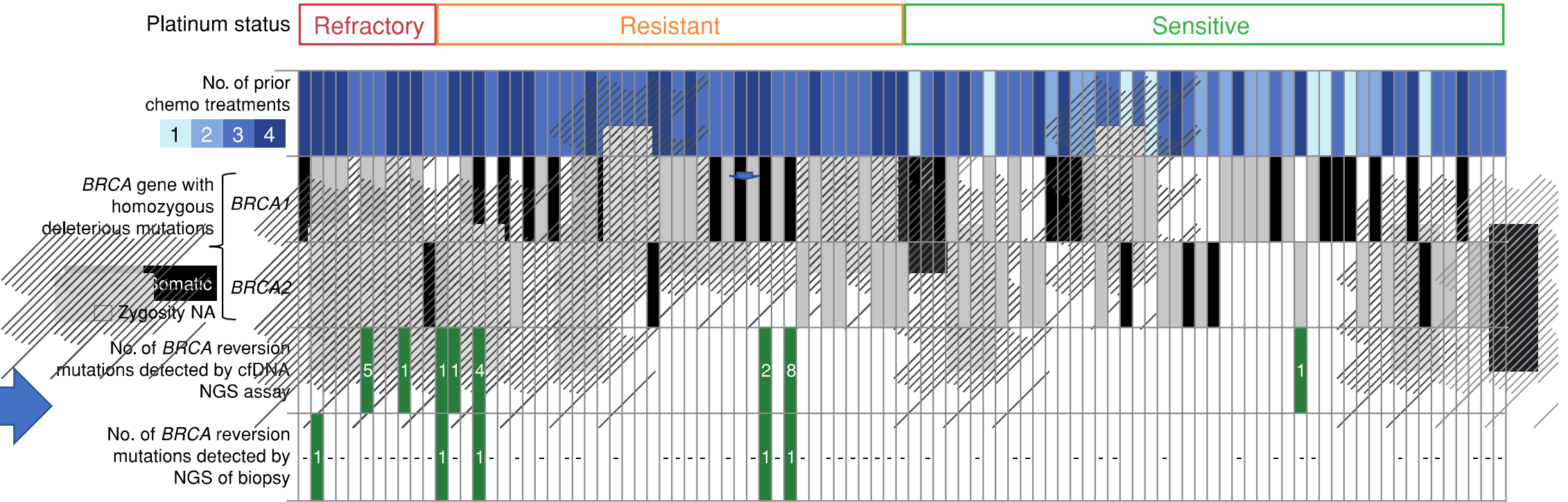
# RB1 Mutations are Exclusive to CDK4/6 Arm at Progression



■ Acquired polyclonal ■ Maintained ■ Maintained polyclonal ■ Mixed

*Opportunity for context-specific umbrella study*

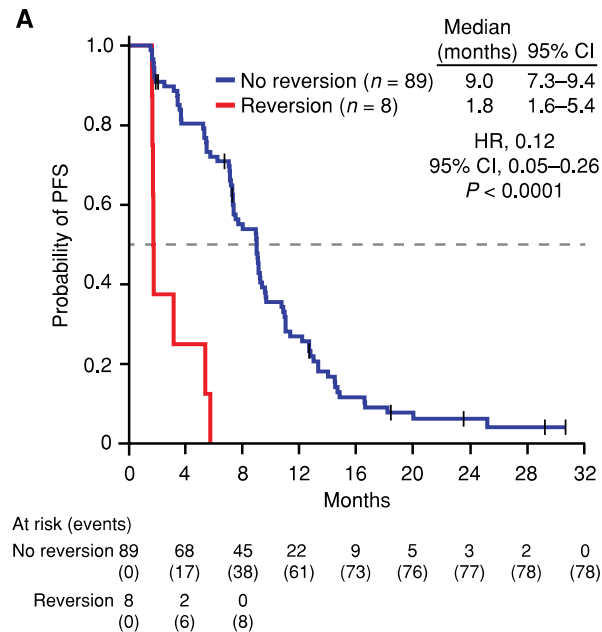
# BRCA Reversions in Ovarian Cancer & Rucaparib



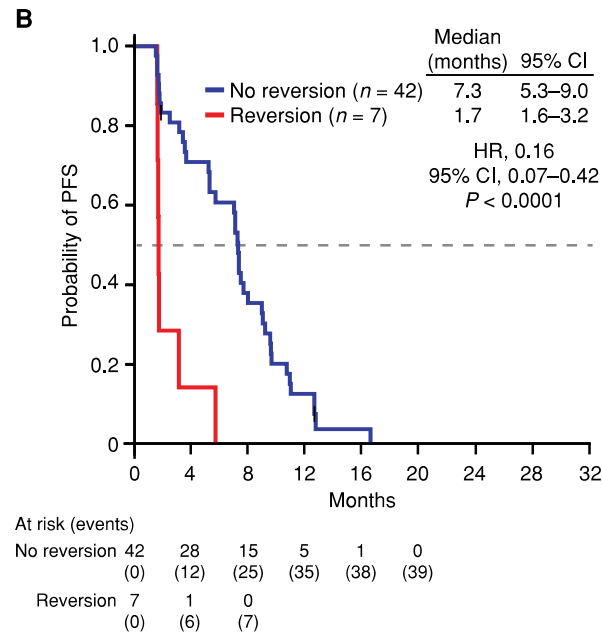
# BRCA Reversions in Ovarian Cancer & Rucaparib

PFS According to BRCA Reversion Status in:

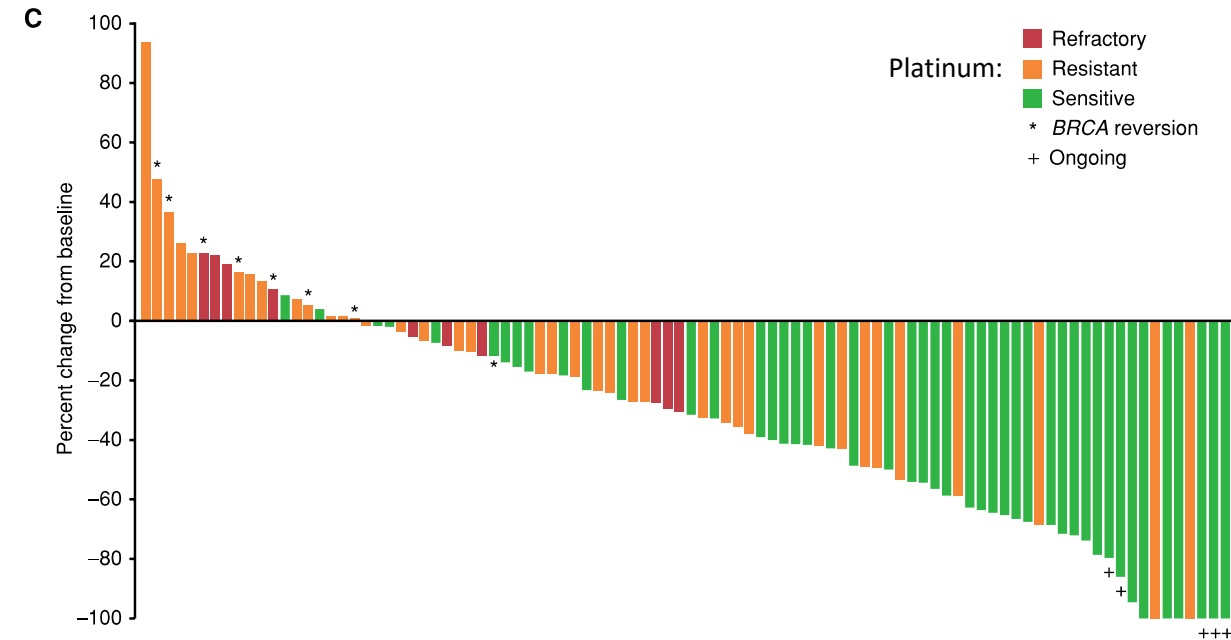
All Patients



Platinum Resistant/Refractory



Best Response To Rucaparib (RECIST)





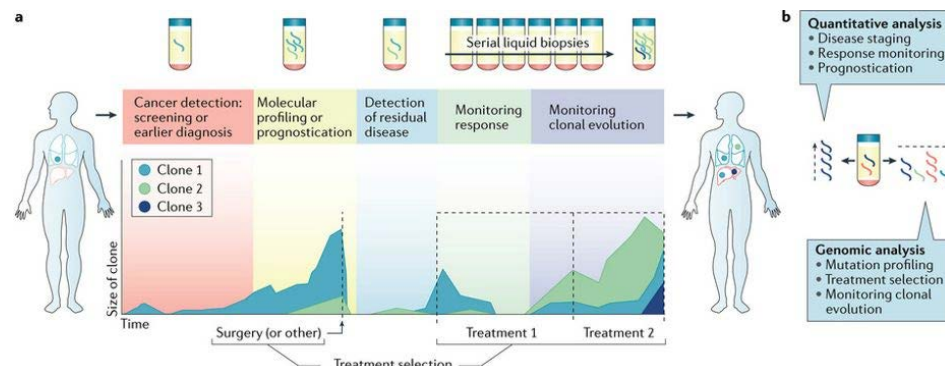
# Key Questions That Can be Addressed with ctDNA

## Localized/locally advanced disease

- Predict relapse/patient selection (*prognostic +/- predictive*)
- Eliminate molecular residual disease (*surrogate*)
- Guide adjuvant treatment duration or selection

## Recurrent or metastatic disease

- Patient Selection/Predictive Biomarker
- Prognostic Biomarker
- Early Surrogate/Dynamic Response Marker
- Treatment Duration for I/O, NED
- Identify Drug Resistance
- Inform Drug Mechanism of Action
- Guide Change of Therapy



# Summary – Take Home Messages

- Evaluation of ctDNA has multiple potential applications for cancer therapy and clinical trials
- Samples can be banked at relatively low cost for future analysis
- Technologies (measurement and analysis) are rapidly evolving and remain to be standardized
  - Basic principles of biomarker design and evaluation apply
- Careful consideration of study designs to set stage for future clinical utility is critical
- Next wave of interventional studies will evaluate novel strategies
  - High bar for assay performance and trial design

## Technology Assessment ASCO/CAP 2018

**Table 2.** Summary of Key Findings on the Use of ctDNA Analysis in Patients with Cancer

Topic	Key Findings
Pre-analytical variables for ctDNA specimens	<ul style="list-style-type: none"> <li>• Evidence suggests that plasma is the optimal specimen type for ctDNA analysis.</li> <li>• Evidence supports the use of either cell-stabilizing tubes or EDTA anticoagulant tubes. However, EDTA tubes need to be processed as expediently as possible within 6 hours of collection. Leukocyte stabilization tubes allow up to 48 hours from collection to processing, and longer with some tubes.</li> <li>• Further studies are required to address other pre-analytical variables that may affect ctDNA testing, including specimen collection, handling variables, storage condition and time, and patient-related biologic factors.</li> </ul>
Analytical validity	<ul style="list-style-type: none"> <li>• Analytical validity needs to be clearly established for any clinical ctDNA assay, with particular attention paid to detection of variants near the reported lower limit of detection of the assay. Ideally, validation will include evaluation of standardized samples that facilitate cross-assay comparisons.</li> <li>• Evidence has not established optimal lower limits of detection for various types of somatic variants. Optimal lower limits of detection may vary depending on the intended use of the ctDNA assay, but are lower than for tumor genotyping assays.</li> <li>• Different ctDNA assays may not give the same results because of different assay performance characteristics, such as differing limits of detection.</li> <li>• Future studies should focus on cross-assay comparisons, assay robustness, and the development of proficiency testing mechanisms.</li> </ul>
Interpretation and reporting	<ul style="list-style-type: none"> <li>• Evidence demonstrates the importance of integrating clinical information, and available information from tumor analysis, with the identification of an actionable somatic variant in a ctDNA assay, to inform the appropriate selection of therapy.</li> <li>• The proportion of ctDNA as a fraction of total cell-free DNA in plasma varies substantially between different patients, and the potential prognostic and therapeutic implications of variant allele fractions from ctDNA assays need further study.</li> <li>• Caution is important when interpreting ctDNA variants found in genes that are mutated in clonal hematopoiesis of indeterminate potential. Additional research is necessary to determine how to interpret and report variants in these genes.</li> <li>• ctDNA assays in which a somatic variant is or is not identified should be reported in a way that conveys the potential for discordance with tumor tissue testing.</li> </ul>
Clinical validity and utility	<ul style="list-style-type: none"> <li>• Aside from assays that have received regulatory approval, most assays have insufficient evidence to demonstrate clinical validity, and most have no evidence of clinical utility. Well-designed clinical trials or equivalence studies are needed to demonstrate clinical utility for most assays.</li> <li>• Evidence shows discordance in results between ctDNA assays and tumor tissue genotyping and supports value of tumor tissue genotyping to confirm undetected ctDNA findings.</li> <li>• For advanced cancer, the evidence indicates that more reliable test results occur when the ctDNA assay is performed at the time of disease progression and not when responding to prior therapy.</li> </ul> <p>There is evidence that positive findings from well-validated ctDNA assays may support initiation of a targeted therapy option where an assay for the relevant genomic marker has demonstrated clinical utility when performed in tissue.</p> <p>For monitoring therapy effectiveness, evidence of clinical validity is still emerging, and there is currently no evidence of clinical utility to suggest that ctDNA assays are useful in this context, outside of a clinical trial.</p> <p>For early-stage cancer, evidence of clinical validity is still emerging, and there is currently no evidence of clinical utility to suggest that ctDNA assays are useful at diagnosis or in the adjuvant setting after completing treatment, outside of a clinical trial.</p> <ul style="list-style-type: none"> <li>• For cancer screening, there is no evidence of clinical validity and clinical utility to suggest that ctDNA assays are useful in this context, outside of a clinical trial.</li> </ul>

# Questions/Discussion

[dave.cescon@uhn.ca](mailto:dave.cescon@uhn.ca)